

# Unit 3: Recognizing Bullying

Content Area: **Guidance**  
Course(s): **21st Century Skills**  
Time Period: **Generic Time Period**  
Length: **3 Weeks**  
Status: **Published**

## Unit Overview

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In this unit, students will recognize bullying by asking the three key questions. They will be able to distinguish two different forms of bullying: *face-to-face* and *behind-the-back*. Students will understand that although put-downs are only words, they are a form of bullying when used repeatedly, purposefully making the target feel embarrassed.

## Standards

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CRP.K-12.CRP1

Act as a responsible and contributing citizen and employee.

## Essential Questions

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- What behaviors constitute bullying?
- How does bullying differ from conflict?
- Why is bullying so prevalent?
- What is the best way to handle bullying?
- What is the effect of electronic media on bullying?

## Application of Knowledge and Skills...

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## Students will know...

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- that the behaviors exhibited in friendships can lead to bullying.
- that the negative effects of alternate aggression can destroy friendships.
- that there are consequences for bullying as outlined in the school's Code of Conduct.
- the definition of cyber bullying and its consequences.
- the definitions of harassment, intimidation, and alternate aggression and will recognize them as special forms of bullying.
- the difference between conflict and bullying.

## **Students will be able to..**

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- a. compare and contrast conflict with bullying.
- b. list the types of behaviors between friends that can lead to bullying.
- d. outline steps used to identify harassment and alternate aggression.
- c. distinguish alternate aggression as a form of behind-the-back bullying.
- e. identify television shows that promote harassment, intimidation, and bullying.
- f. distinguish between accidental and purposeful put-downs.

## **Assessments**

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- Recognizing Bullying Pre-Test Diagnostic: Instructional/Assessment Focus Students will be pre-assessed using series of questions designed to gauge knowledge relative to recognizing bullies and bullying tactics.
- Bullying Poster Summative: Visual Arts Project A poster that details the different types of bullying, with emphasis paid to cyber bullying.
- Recognizing Bullying Quiz Formative: Written Test A quiz that requires students to:
  - Define bullying
  - List the three questions that define bullying
  - Distinguish two forms of bullying: face-to-face and behind-the-back
  - Define put-downs
  - Recognize put downs that constitute bullying

## **Activities**

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- Defining Bullying Packet: Handouts to define bullying, detailed notes on bullying, a transparency to show examples of bullying, and a poster to visually reinforce students' understanding.
- Compare and Contrast Worksheets: Worksheets explain how bullying differs from conflict/respect and where/if they overlap.
- Bullying Board Game: A board game in which students act out or answer questions about bullying.
- Bullying Daily Log: Students keep a daily log over a period of one week of any behavior (observed or exhibited) that fits the definition of bullying. They identify the behavior and why is it considered bullying.
- Types of Bullying Handout: Worksheets providing the definitions of the different types of bullying. Students identify an example of each type of bullying.
- Put-Down Bullying Video: Through the use of the "Stop Saying Those Things" video, students learn about a "put down" and how to recognize it.
- Is it Bullying? Handout: A Think, Pair, Share worksheet that has students respond to prompts describing different situations that may or may not be bullying.
- Witness Log: Students brainstorm a list of the five-six most common put-downs used in school. They keep a one-day log of the number of times they hear these put-downs used. They will distinguish each one as accidental (between friends) or bullying (purposefully hurtful).

## **Activities to Differentiate Instruction**

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- Teacher-selected role-plays
- Pairing/grouping students for board games
- Provide detailed study guides and modify tests for the appropriate learners.

## **Integrated/Cross-Disciplinary Instruction**

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- Social Studies connection: Students will review several historical situations and analyze whether or not each situation could be considered bullying.
- Computer Literacy connection: Students will research relevant news and how people are trying to alleviate cyber bullying.

## **Resources**

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- Teacher-created handouts, worksheets, and instructional packets
- Bullying Poster: *The 3 R's of Bullying*
- Bullying Board Game and Cards
- Idea Magazines: 3 (pg. 72), 6 (pg. 64)
- "Stop Saying Those Things" Video
- "Put-Down Bullying" Video