

# Scope and Sequence

Content Area: **Guidance**  
Course(s): **21st Century Skills**  
Time Period: **Generic Time Period**  
Length: **18 weeks**  
Status: **Published**

## Course Overview

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The fourth grade curriculum builds on the anti-bullying skills introduced in third grade. Students will buffer themselves from becoming targets by reinforcing the friendship building skills introduced in earlier grades. Practicing skills in anger management and conflict resolution will remind students that respectful behavior is expected in the school and home community and is the foundation for establishing and maintaining strong friendships.

In this curriculum each of the three aspects of anti-bullying: recognize, refuse, and report are treated as separate units. In the first of these, recognizing bullying, students will differentiate face-to-face from behind-the-back bullying. They will recognize that put downs can become bullying when they target an individual repeatedly. Students will practice refusal skills by applying the acronym B-E-S-T. They will evaluate bullying situations for personal safety, and they will be able to distinguish those that they can refuse from those which they must report.

Witnesses, as bystanders, have a tremendous amount of power to help create a climate that either accepts or rejects bullying behaviors. Ultimately, students will understand that bullying has profound consequences on both individuals and communities. Eliminating bullying involves recognizing behaviors that perpetuate it and taking on the responsibility to refuse and report it. Students will recognize that it is their responsibility to create a caring community where all people are treated with respect

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| Order of the Unit | Title of the Unit     | Time Frame |
|-------------------|-----------------------|------------|
| Unit 1            | Friendship Skills     | 3 weeks    |
| Unit 2            | Anger Management      | 3 weeks    |
| Unit 3            | Recognize Bullying    | 3 weeks    |
| Unit 4            | Refuse Bullying       | 3 weeks    |
| Unit 5            | Report Bullying       | 3 weeks    |
| Unit 6            | Role of the Bystander | 3 weeks    |

