

# Scope and Sequence

Content Area: **Guidance**  
Course(s): **21st Century Skills**  
Time Period: **Generic Time Period**  
Length: **14 weeks**  
Status: **Published**

## Course Overview

---

The third grade curriculum is the first in a series of three belonging to the *Steps to Respect: A Bully Prevention Program*. Bully prevention lessons target grades 3, 4, and 5; the years prior to middle school when bullying typically is at its worst. The curriculum is comprised of three units: friendship making; recognizing, refusing, and reporting bullying; and bystander power. In the friendship unit, students will define the word respect and will understand that respect is the foundation of all relationships. Without it, friendships are very hard to maintain. The second unit explores the three components of bully prevention. Students must "recognize" bullying by defining characteristic behaviors. They will distinguish bullying from conflict. Once identified, students will learn refusal skills that protect them from becoming targets of bullies. They will learn that in situations where their safety is an issue, students must report bullying. The last unit empowers bystanders to become responsible upstanders.

Ultimately, the goal of this curriculum is to empower students to maintain strong, respectful friendships; to recognize, refuse and report bullying; and to support bystanders so that they, in turn, may support targets.

## Scope and Sequence

---

Order of the Unit	Title of the Unit	Time Frame
Unit 1	Friendship Skills	4 weeks
Unit 2	Recognize, Refuse, Report Bullying	6 weeks
Unit 3	Role of the Bystander	4 weeks