Scope and Sequence

Content Area: **Guidance**
Course(s): **21st Century Skills**
Time Period: **Generic Time Period**
Length: **12 weeks**
Status: **Published**

Course Overview

The Grade 2 curriculum builds on the social skills students learned from last year. Beginning with anger management, students will review the strategies they have used to control their anger and will understand that anger "deescalation" helps in problem solving. The second unit in the curriculum, empathy training, broadens students' understanding of the six basic emotions and applies this understanding to more subtle situations: such as, identifying the changing personal preferences of others; understanding the impact their own behavior has on others; and interpreting the intentions of others. The last unit on problem solving incorporates anger management and empathy training into the problem solving model. As students continue to practice the model and grow in a deeper understanding of all components of the curriculum, they can apply these techniques to more complex social situations; for example, joining a group, playing a game with others, or apologizing for their actions.

Scope and Sequence

Order of the Unit	Title of the Unit	Time Frame
Unit 1	Anger Management	4 weeks
Unit 2	Empathy Training	4 weeks
Unit 3	Problem Solving	4 weeks