

# Scope and Sequence

Content Area: **Guidance**  
Course(s): **21st Century Skills**  
Time Period: **Generic Time Period**  
Length: **30 weeks**  
Status: **Published**

## Course Overview

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The Grade 1 curriculum expands the fundamental social skills taught in the kindergarten program.

Developmental in its scope and sequence, this curriculum assists students in recognizing the consequences of impulsive, aggressive behaviors; controlling angry feelings by demonstrating cool down techniques; and role playing problem solving scenarios by using a multi-step problem solving model. The goal of this curriculum is to help students achieve social success by expanding fundamental strategies in anger management, empathy training, and problem-solving.

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Order of the Unit	Title of the Unit	Time Frame
Unit 1	Anger Management	10 weeks
Unit 2	Empathy Training	10 weeks
Unit 3	Social Problem Solving	10 weeks