Scope and Sequence

Content Area: **Guidance**
Course(s): **21st Century Skills**
Time Period: **Generic Time Period**
Length: **30 weeks**
Status: **Published**

Course Overview

The Grade 1 curriculum expands the fundamental social skills taught in the kindergarten program. Developmental in its scope and sequence, this curriculum assists students in recognizing the consequences of impulsive, aggressive behaviors; controlling angry feelings by demonstrating cool down techniques; and role playing problem solving scenarios by using a multi-step problem solving model. The goal of this curriculum is to help students achieve social success by expanding fundamental strategies in anger management, empathy training, and problem-solving.

Scope and Sequence

Order of the Unit	Title of the Unit	Time Frame
Unit 1	Anger Management	10 weeks
Unit 2	Empathy Training	10 weeks
Unit 3	Social Problem Solving	10 weeks