Unit 2- La Salud

Content Area: **Spanish**
Course(s): **Spanish**
Time Period: **Generic Time Period**
Length: **15 Weeks**
Status: **Published**

Unit Overview

In this unit, students will learn how to express different healthy foods and activities in Spanish. Using the target language, students will study the food pyramid and different activities that help with maintaining one's health. Students will also discuss bad eating habits and activities that are not recommended when trying to stay healthy.

Standards

WL.7.1.NM.A.1	Recognize familiar spoken or written words and phrases contained in culturally authentic materials using electronic information and other sources related to targeted themes.
WL.7.1.NM.A.2	Demonstrate comprehension of simple, oral and written directions, commands, and requests through appropriate physical response.
WL.7.1.NM.A.5	Demonstrate comprehension of brief oral and written messages using age - and level - appropriate, culturally authentic materials on familiar topics.
WL.7.1.NM.A.C.3	Healthy eating habits and fitness practices may vary across cultures. (Topics that assist in the development of this under standing should include, but are not limited to: foods, shopping, eating at home or in restaurants, and wellness practices.)
WL.7.1.NM.A.L.1	The Novice - Mid language learner understands and communicates at the word level and can independently identify and recognize memorized words and phrases that bring meaning to text.
WL.7.1.NM.B.2	Give and follow simple oral and written directions, commands, and requests when participating in age - appropriate classroom and cultural activities.
WL.7.1.NM.B.4	Ask and respond to simple questions, make requests, and express preferences using memorized words and phrases.
WL.7.1.NM.B.5	Exchange information using words, phrases, and short sentences practiced in class on familiar topics or on topics studied in other content areas.
WL.7.1.NM.B.C.3	Healthy eating habits and fitness practices may vary across cultures. (Topics that assist in the development of this understanding should include, but are not limited to: foods, shopping, eating at home or in restaurants, and wellness practices.)
WL.7.1.NM.B.L.1	The Novice - Mid language learner understands and communicates at the word level and can use memorized words and phrases independently to:
WL.7.1.NM.B.L.1.a	Respond to learned questions.
WL.7.1.NM.B.L.1.b	Ask memorized questions.
WL.7.1.NM.B.L.1.c	State needs and preferences.
WL.7.1.NM.C.2	Imitate, recite, and/or dramatize simple poetry, rhymes, songs, and skits.
WL.7.1.NM.C.3	Copy/write words, phrases, or simple guided texts on familiar topics.
WL.7.1.NM.C.C.3	Healthy eating habits and fitness practices may vary across cultures. (Topics that assist in

	the development of this understanding should include, but are not limited to: foods, shopping, eating at home or in restaurants, and wellness practices.)
WL.7.1.NM.C.L.1	The Novice - Mid language learner understands and communicates at the word level and can use memorized words and phrases independently to:
WL.7.1.NM.C.L.1.a	Make lists.
WL.7.1.NM.C.L.1.b	State needs and preferences.

Essential Questions

How can improving your health effect your life?

How can your health determine who you are?

How does the importance of maintaining one's health vary from culture to culture?

Application of Knowledge: Students will know that...

- adjectives are used to describe people and things
- adjectives must agree with the noun in number and gender: Las verduras son ricas. (The vegetables are tasty.)
- hacer ejercicio (exercise), caminar (walk), correr (run), levantar pesas (lift weights) are exercises done to help maintain one's health
- in Spanish-speaking countries, natural medicines, such as aloe, are common to help treat medical problems
- mercados (open-air markets) are popular throughout Latin America
- the food pyramid is a tool that can be used to help develop healthy eating habits

- the verb “ser” conjugates according to the subject given: yo- soy, tú- eres, él/ella/usted- es, nosotros/as- somos, vosotros/as- sois and ellos/ellas/ustedes- son
- the verb “ser” means "to be" and is used in descriptions: La fruta es rica. (The fruit is tasty.)

Application of Skills: Students will be able to...

- ask questions about one's health
- conjugate “ser” according to the subject given
- discuss unhealthy foods and habits
- identify exercises that help maintain a healthy lifestyle
- identify healthy foods
- recognize the different foods in the food pyramid
- respond to questions about one's health
- use adjectives so that they agree in both number and gender with the noun that they modify

Assessments

- Diagnostic: KWL Chart
- Diagnostic: Word Splash
- Formative: fill in the missing parts of the food pyramid
- Formative: categorize healthy and unhealthy foods
- Formative: match the picture of the food with the correct vocabulary word
- Formative: categorize healthy activities and activities that are not helpful when maintaining one's health
- Formative: match the verb *ser* conjugated with the correct subject pronoun
- Formative: write sentences describing the different food items shown on the board
- Formative: Do Now's and Ticket to Leave's
- Formative: answer basic questions about a health commercial in Spanish
- Summative: Health Poster- have students create the food pyramid in Spanish and list five different recommendations to help maintain one's health
- Summative: orally answer questions, using the target language, about maintaining one's health

Suggested Activities

- quia.com review games (battleship/rags to riches/hangman)
- bingo (vocabulary)
- jeopardy (vocabulary and grammar)
- quizlet (flashcards)
- Power Point reviewing unit vocabulary
- create a practice test for another student to complete
- ball review game- have student give a subject and throw the ball to a classmate, that student must conjugate "ser" according to the subject given
- skit- have students create a commercial where they are giving healthy recommendations
- survey classmates on the different activities that they do to maintain their health
- Smart Board (soccer game)- vocabulary
- Smart Board (anagram)- unscramble the vocabulary word
- Smart Board (spinners)- *ser* conjugations
- have students write a paragraph expressing ways that they maintain their health

Activities to Differentiate Instruction

- skeleton notes
- tiered activities
- activities that appeal to all learning styles
- teacher-designed groups
- examples given
- challenge questions and activities
- enrichment worksheets
- Spanish experts to consult with struggling students

Integrated/Cross-Disciplinary Instruction

- Health- food pyramid, recognizing healthy habits
- Language Arts- the verb *ser* (to be), adjectives
- Performing Arts- commerical
- Physical Education- ball game
- Math- surveys

Resources

- quia.com (vocabulary and grammar games)
- quizlet (flashcards)
- Prentice Hall (Pearson) *Realidades I*
- Prentice Hall (Pearson) *Realidades Practice Workbook*
- phschool.com (virtual text)
- discoveryeducations.com/free-puzzlemaker
- zambombazo (authentic material)
- exchange.smarttech.com (Smart Board activities)
- superteachertools.us (jeopardy)
- eclaeys.wordpress.com/realidades (audio/puzzles/worksheets)