Scope and Sequence

Content Area: **Health**
Course(s): **Health**
Time Period: **Full Year**
Length: **Length of the Course**
Status: **Published**

Course Overview

The second grade Health curriculum helps build students independence in attending to their own personal health. The first unit provides background on personal healthy habits not only concerning physical health, but also social and emotional health. The second unit also helps students understand their own social health by discussion the role that relationships have on their health. In addition, this unit provides information on how the role of community health helpers. The third unit aims to build understanding of germs, diseases, and how to avoid illness through healthy habits. Following along the lines of a healthy body, the fourth unit explores the role of fitness and nutrition in building a healthy body. The fifth unit continues on with themes from first grade, building awareness in students of how to say "no" to drugs and other unhealthy habits. The last unit bring the student's role int he larger community in perspective by focusing on how students can help the environment through recycling and other methods of conservation.

Scope and Sequence

Order of the Unit	Title of the Unit	Time Frame
Unit 1	Personal and Social Health	8 Weeks
Unit 2	Youth Helpers and You	8 Weeks
Unit 3	Protecting your Body	5 Weeks
Unit 4	Nutritio and Fitness	8 Weeks
Unit 5	Medicines, Drugs, and You	5 Weeks
Unit 6	Our Earth and You	3 Weeks

Date of Board Approval

This curriculum was approved by the Green Brook Board of Education on July 24, 2017.