## **Scope and Sequence**

Content Area: Physical Education
Course(s): Physical Education

Time Period: Full Year

Length: Length of the Course

Status: **Published** 

## **Course Overview**

The fifth grade curriculum purposely mirrors the fourth grade curriculum to build upon skills that were introduced to, and provide reinforcement where needed. Students are encouraged to move forward in their skill sets to meet the increasingly complex demands of the 5-6 Health and PE Standards. All of the district's PE curricula are focused on encouraging a healthy, active lifestyle while teaching core skills such as coordination, cooperation, flexibility, and stamina in a fun environment.

## **Scope and Sequence**

| Scope and Sequence |                   |                          |                             |
|--------------------|-------------------|--------------------------|-----------------------------|
|                    | Order of the Unit | Title of the Unit        | Time Frame                  |
|                    |                   | <b>Educational Games</b> | Ongoing throughout the year |
|                    | Unit 1            | Heights and Weights      | Weeks 1-2                   |
|                    | Unit 2            | Cooperative Games        | Weeks 3-6                   |
|                    | Unit 3            | Soccer                   | Weeks 7-10                  |
|                    | Unit 4            | Flag Football            | Weeks 11-14                 |
|                    | Unit 5            | Geography Games          | Weeks 15-18                 |
|                    | Unit 6            | Basketball               | Weeks 19-22                 |
|                    | Unit 7            | Net Games                | Weeks 23-26                 |
|                    | Unit 8            | Physical Fitness Test    | Weeks 27-30                 |
|                    | Unit 9            | Diamond Games            | Weeks 31-35                 |
|                    | Unit 10           | World Series of Tee Ball | Weeks 36-37                 |
|                    |                   |                          |                             |

## **Date of Board Approval**

This curriculum was approved by the Green Brook Board of Education on November 28, 2016.