

# Scope and Sequence

Content Area: **Physical Education**  
Course(s): **Physical Education**  
Time Period: **Full Year**  
Length: **Length of the Course**  
Status: **Published**

## Course Overview

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The fifth grade curriculum purposely mirrors the fourth grade curriculum to build upon skills that were introduced to, and provide reinforcement where needed. Students are encouraged to move forward in their skill sets to meet the increasingly complex demands of the 5-6 Health and PE Standards. All of the district's PE curricula are focused on encouraging a healthy, active lifestyle while teaching core skills such as coordination, cooperation, flexibility, and stamina in a fun environment.

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Order of the Unit	Title of the Unit	Time Frame
	Educational Games	Ongoing throughout the year
Unit 1	Heights and Weights	Weeks 1-2
Unit 2	Cooperative Games	Weeks 3-6
Unit 3	Soccer	Weeks 7-10
Unit 4	Flag Football	Weeks 11-14
Unit 5	Geography Games	Weeks 15-18
Unit 6	Basketball	Weeks 19-22
Unit 7	Net Games	Weeks 23-26
Unit 8	Physical Fitness Test	Weeks 27-30
Unit 9	Diamond Games	Weeks 31-35
Unit 10	World Series of Tee Ball	Weeks 36-37

## Date of Board Approval

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This curriculum was approved by the Green Brook Board of Education on November 28, 2016.