Scope and Sequence

Content Area: **Physical Education**
Course(s): **Physical Education**
Time Period: **Full Year**
Length: **Length of the Course**
Status: **Published**

Course Overview

The third grade physical education curriculum is based on teaching students about a healthy physical lifestyle through fun, interactive activities. Students are encouraged to develop physical strength, refine their motor skills, and work on coordination while learning social skills through cooperative games and teamwork. The third grade curriculum, while mirroring the second grade skills and knowledge, amps up the expectation in student performance based on the third grade standards and raising the depth of knowledge for students.

Scope and Sequence

Order of the Unit	Title of the Unit	Time Frame
Unit 1	Physical Wellbeing	Week 1
Unit 2	Locomotor Skills/ Movement Concepts	Weeks 2 - 3
Unit 3	Soccer	Weeks 4 - 6
Unit 4	Throwing/ Catching/ Rolling	Weeks 7 - 9
Unit 5	Invasion Games	Weeks 10 - 13
Unit 6	Hockey	Weeks 14 - 16
Unit 7	Gymnastics	Weeks 17 - 19
Unit 8	Fitness	Weeks 20 - 22
Unit 9	Basketball	Weeks 23 - 25
Unit 10	Scooters	Weeks 26 - 28
Unit 11	Frisbee	Weeks 29 - 31
Unit 12	Diamond Games	Weeks 32 - 34
Unit 13	Cooperative Activities	Weeks 35 - 37

Date of Board Approval

This curriculum was approved by the Green Brook Board of Education on November 28, 2016.