Scope and Sequence

Content Area: **Physical Education**
Course(s): **Physical Education**
Time Period: **Full Year**
Length: **Length of the Course**
Status: **Published**

Course Overview

The fourth grade physical education curriculum introduces students to a new cadre of games that are meant to encourage a healthy, active lifestyle while teaching core skills such as coordination, cooperation, flexibility, and stamina. Some games in this curriculum, such as soccer and basketball, are continued on from earlier grade levels and students will continue to build their skills and challenge students to move further in their abilities. Other games, such as flag football and net games, are intended to build upon skills learned in earlier years such as throwing and catching and giving meaning to them in a teamwork setting. The fourth and fifth grade curricula are very similar in the content and intended to build students skills in the same games over multiple years as their natural coordination and stamina grow and develop with age.

Scope and Sequence

Order of the Unit	Title of the Unit	Time Frame
	Educational Games	Ongoing throughout the year
Unit 1	Heights and Weights	Weeks 1-2
Unit 2	Cooperative Games	Weeks 3-6
Unit 3	Soccer	Weeks 7-10
Unit 4	Flag Football	Weeks 11-14
Unit 5	Geography Games	Weeks 15-18
Unit 6	Basketball	Weeks 19-22
Unit 7	Net Games	Weeks 23-26
Unit 8	Physical Fitness Test	Weeks 27-30
Unit 9	Diamond Games	Weeks 31-35
Unit 10	World Series of Tee Ball	Weeks 36-37

Date of Board Approval

This curriculum was approved by the Green Brook Board of Education on November 28, 2016.