# Unit 4 - Sports, Health, and a Healthy Lifestyle

Content Area: **World Languages**
Course(s): **Spanish B**
Time Period: **February**
Length: **6 Weeks**
Status: **Published**

## Transfer

*Explaining illness, medical conditions, and visiting the doctor, eating healthy, and staying active.*

## Enduring Understandings

Learning a different language/culture leads to greater understanding of one's own language and culture.

Language learning involves acquiring strategies to fill communication gaps.

Cultural perspectives are gained by using the language and through experience with its products and practices.

Sports bring together the people of a culture or country.

Staying active contributes to being a healthy individua

## Essential Questions

How can I become a more effective reader, writer, speaker and listener in languages other than English?

How does the language I'm studying help me to better understand my native language?

What can I already communicate in my new language?

How is culture expressed in every day traditions and practices?

How is culture expressed through sports?

What contributes to good

## Content

Present tense of Jugar, saber and conocer

Personal a

Preterite of regular –ar verbs

Preterite of –car, -gar, -zar verbs

## Vocabulary

Present tense of Jugar, saber and conocer

Personal a

Preterite of regular –ar verbs

Preterite of –car, -gar, -zar verbs

**Vocabulary:**

**Sports**

**el básquetbol** *basketball*

**el béisbol** *baseball*

**el fútbol americano** *football*

**nadar** *to swim*

**la natación** *swimming*

**patinar** *to skate*

**patinar en línea** *to in-line skate*

**el tenis** *tennis*

**el voleibol** *volleyball*

**Sports Equipment**

**el bate** *bat*

**el casco** *helmet*

**el guante** *glove*

**los patines en línea** *in-line skates*

**la pelota** *ball*

**la raqueta** *racket*

**Talk About Sports**

**comprender las reglas** *to understand the rules*

**favorito(a)** *favorite*

**ganar** *to win*

**el partido** *game*

**peligroso(a)** *dangerous*

**perder (ie)** *to lose*

**Locations and People**

**los aficionados** *fans*

**el (la) atleta** *athlete*

**el campeón (*pl*. los campeones), la campeona** *champion*

**el campo** *field*

**la cancha** *court*

**el equipo** *team*

**el estadio** *stadium*

**el (la) ganador(a)** *winner*

**el (la) jugador(a)** *player*

**la piscina** *swimming pool*

**LEVEL 1 Unit 6 Lesson 2 Vocabulario**

**Talk About Staying Healthy**

**enfermo(a)** *sick*

**fuerte** *strong*

**herido(a)** *hurt*

**levantar pesas** *to lift weights*

**la salud** *health*

**sano(a)** *healthy*

**Parts of the Body**

**la boca** *mouth*

**el brazo** *arm*

**la cabeza** *head*

**el corazón (*pl*. los corazones)** *heart*

**el cuerpo** *body*

**el estómago** *stomach*

**la mano** *hand*

**la nariz (*pl.* las narices)** *nose*

**el ojo** *eye*

**la oreja** *ear*

**el pie** *foot*

**la piel** *skin*

**la pierna** *leg*

**la rodilla** *knee*

**el tobillo** *ankle*

**Make Excuses**

**doler (ue)** *to hurt, to ache*

**Lo siento.** *I'm sorry.*

**Other Words and Phrases**

**anoche** *last night*

**ayer** *yesterday*

**comenzar (ie)** *to begin*

**terminar** *to end*

**¿Qué hiciste (tú)?** *What did you do?*

**¿Qué hicieron ustedes?** *What did you do?*

**Outdoor Activities**

**el bloqueador de sol** *sunscreen*

**bucear** *to scuba-dive*

**caminar** *to walk*

**hacer esquí acuático** *to water-ski*

**el mar** *sea*

**la playa** *beach*

**tomar el sol** *to sunbathe*

## Learning Objectives

Describe team sports and other physical activities

using new vocabulary

Explain what body parts you use for different activities

Show the forms of stem-changing verbs in order to express what you prefer, what you want, etc.

Ask others their preferences of sports and other leisure activities

Describe what sports and activities I do to stay healthy and ask others what they prefer

Express likes and dislikes and tell what bores and interests me

Discuss the role of sports in Spain in order to compare and contrast with traditions and norms of your own country

Create a Health Resort Brochure

## Resources

Avancemos 1 Textbook

Audio Avancemos 1

Video Avancemos 1

Cultural and Structural Videos (Standard Deviants, Teachers Discovery, etc.)

## Standards

| | |
|---|---|
| WL.7.1.IL.A | Interpretive Mode |
| WL.7.1.IL.A.4 | Use the target language to describe people, places, objects, and daily activities learned about through oral or written descriptions |
| WL.7.1.IL.B | Interpersonal Mode |
| WL.7.1.IL.C | Presentational Mode |
| WL.7.1.IM.A.8 | Use knowledge of structures of the target language to deduce meaning of new and unfamiliar structures. |
| WL.7.1.IM.B.4 | Ask and respond to factual and interpretive questions of a personal nature, on school - related topics, and on some unfamiliar topics and situations. |
| WL.7.1.IM.C.3 | Use language creatively to respond in writing to a variety of oral or visual prompts about familiar and some unfamiliar situations. |
| WL.7.1.IM.C.5 | Compare cultural perspectives of the target culture(s) with those of one’s own culture as evidenced through their cultural products and cultural practices. |