

# Team Handball

Content Area: **Physical Education and Health**  
Course(s): **Physical Education 9, Physical Education 10, Physical Education 11, Physical Education 12**  
Time Period: **School Year**  
Length: **8 blocks**  
Status: **Published**

## Transfer

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Big Idea: Cooperation, Work Ethic, Skill Development and Physical Fitness

## Enduring Understandings

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Individuals who learn to practice safely, effectively and efficiently have better performance of skills in a game situation.

Rules are established for a safe and healthy environment.

## Essential Questions

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In what ways can the game of team hand ball provide an opportunity for individuals to participate?

Why is teamwork important in playing team handball?

How does working well as a team relate to real life?

## Content

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## Vocabulary

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Jump ball, obstruction, three-point line, defense, offense, types of throws (side-out, corner, indirect, direct) goal area, goalie, shutout.

## Lesson Objectives

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Understand the history and rules of team handball

Develop strategies through game play

Demonstrate and practice good goalie play.

Demonstrate and practice offensive play and reinforce passing and moving without the ball.

Understand and display proper defensive positioning,

Develop teamwork by keeping teammates involved and interested in the game.

## Standards

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HPE.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.12.A	Movement Skills and Concepts
HPE.2.5.12.A.1	Explain and demonstrate ways to apply movement skills from one game, sport, dance, or recreational activity to another (e.g., striking skills from/to tennis, badminton, ping pong, racquetball).
HPE.2.5.12.A.2	Analyze application of force and motion (weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
HPE.2.5.12.C	Sportsmanship, Rules, and Safety
HPE.2.5.12.C.3	Determine the current impact of globalization and technology on the development of, participation in, and viewing of games, sports, dance, and other movement activities, and predict future impact.

## Assessments

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Written test on written rules of the game of Team Handball.

Formative: Other Evidence: Test: Written

Teacher Observation of proper skills

Summative: Transfer Tasks: Other: Teacher Observation

Peer Observation

Summative: Transfer Tasks: Other: Peer Assessment

Teacher observations of proper adherence to team handball rules

Summative: Transfer Tasks: Performance: Authentic Task

Teacher observations of implementations in strategies to be successful in playing area

Summative: Transfer Tasks: Performance: Skill Demonstration