Poleball

Content Area: **Physical Education and Health**
Course(s): **Physical Education 9, Physical Education 10, Physical Education 11, Physical Education 12**
Time Period: **School Year**
Length: **8 blocks**
Status: **Published**

Transfer

Big Idea: Cooperation, Work Ethic, Skills Development, Physical Fitness

Essential Questions

How do I improve my level of performance?

How does knowledge of the game score influence strategy?

To what extent does strategy influence performance?

Why is sportsmanship important in Physical Education class?

Content

Vocabulary

Throwing, Catching, Passing, Interception, Blocking, Offense, Defense, Team Strategy

Learning Objectives

Demonstrate mechanically correct form when throwing and catching while playing Pole Ball.

Compare and contrast offensive, defensive, & team strategies that can be utilized while playing Pole Ball.

Recognize and correct errors in throwing, catching, movement patterns, & team strategies while playing Pole Ball.

Demonstrate good sportsmanship and teamwork while playing Pole Ball.

Demonstrate the ability to properly keep score when playing Pole Ball.

Standards

HPE.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.12.A	Movement Skills and Concepts
HPE.2.5.12.A.2	Analyze application of force and motion (weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
HPE.2.5.12.B	Strategy
HPE.2.5.12.B.1	Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.
HPE.2.5.12.B.3	Analyze factors that influence intrinsic and extrinsic motivation and employ techniques to enhance individual and team effectiveness.
HPE.2.5.12.C	Sportsmanship, Rules, and Safety
HPE.2.5.12.C.1	Analyze the role, responsibilities, and preparation of players, officials, trainers, and other participants and recommend strategies to improve their performance and behavior.