# Indoor/Outdoor Soccer

Content Area: **Physical Education and Health**
Course(s): **Physical Education 9, Physical Education 10, Physical Education 11, Physical Education 12**
Time Period: **School Year**
Length: **8 blocks**
Status: **Published**

## Transfer

Big Idea: Cooperation, Work Ethic, Skills Development, Physical Fitness

## Enduring Understandings

Individuals who learn to move safely, effectively and efficiently and feel comfortable and confident in the performance of motor skills are more likely to participate in health-enhancing forms of physical activity throughout life.

Rules and Safety are established for a safe and healthy understanding.

Teamwork will help develop skills for life time behaviors.

## Essential Questions

To what extent does strategy influence performance?

How do competitive games and activities develop problem solving skills?

Why do I have to show good sportsmanship and follow the rules when others do not?

How does working well as a team relate to real life?

## Content

## Vocabulary

Dribble, foul, goalie, forward, defense, offense, goal, trapping, throw-inside lines, field, end lines

## Learning Objectives

Dribble the soccer ball under control using proper form.

Kick and pass to a target on the run.

Shoot on goal while the ball is still and also in motion.

Trapping while maintaining ball control.

Tackling under control in a safe manner.

Demonstrate skills while competing in modified soccer games.

Demonstrate skills while competing in full field soccer games.

## Standards

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| HPE.2.5.12 | All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle. |
| HPE.2.5.12.A | Movement Skills and Concepts |
| HPE.2.5.12.A.2 | Analyze application of force and motion (weight transfer, power, speed, agility, range of motion) and modify movement to impact performance. |
| HPE.2.5.12.B | Strategy |
| HPE.2.5.12.B.1 | Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies. |

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| HPE.2.5.12.B.2 | Apply a variety of mental strategies to improve performance. |
| HPE.2.5.12.B.3 | Analyze factors that influence intrinsic and extrinsic motivation and employ techniques to enhance individual and team effectiveness. |

## Assessments

Written test on Soccer Rules
Formative: Other Evidence: Test: Written
Teacher observation of proper skills
Summative: Transfer Tasks: Other: Teacher Observation
Teacher observation of proper rules
Summative: Transfer Tasks: Performance: Authentic Task
Teacher observation of implementation in strategies to be successful completed during team play
Summative: Transfer Tasks: Performance: Authentic Task