

Indoor/Outdoor Soccer

Content Area: **Physical Education and Health**
Course(s): **Physical Education 9, Physical Education 10, Physical Education 11, Physical Education 12**
Time Period: **School Year**
Length: **8 blocks**
Status: **Published**

Transfer

Big Idea: Cooperation, Work Ethic, Skills Development, Physical Fitness

Enduring Understandings

Individuals who learn to move safely, effectively and efficiently and feel comfortable and confident in the performance of motor skills are more likely to participate in health-enhancing forms of physical activity throughout life.

Rules and Safety are established for a safe and healthy understanding.

Teamwork will help develop skills for life time behaviors.

Essential Questions

To what extent does strategy influence performance?

How do competitive games and activities develop problem solving skills?

Why do I have to show good sportsmanship and follow the rules when others do not?

How does working well as a team relate to real life?

Content

Vocabulary

Dribble, foul, goalie, forward, defense, offense, goal, trapping, throw-ins, lines, field, end lines

Learning Objectives

Dribble the soccer ball under control using proper form.

Kick and pass to a target on the run.

Shoot on goal while the ball is still and also in motion.

Trapping while maintaining ball control.

Tackling under control in a safe manner.

Demonstrate skills while competing in modified soccer games.

Demonstrate skills while competing in full field soccer games.

Standards

HPE.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.12.A	Movement Skills and Concepts
HPE.2.5.12.A.2	Analyze application of force and motion (weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
HPE.2.5.12.B	Strategy
HPE.2.5.12.B.1	Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.

HPE.2.5.12.B.2

Apply a variety of mental strategies to improve performance.

HPE.2.5.12.B.3

Analyze factors that influence intrinsic and extrinsic motivation and employ techniques to enhance individual and team effectiveness.

Assessments

Written test on Soccer Rules

Formative: Other Evidence: Test: Written

Teacher observation of proper skills

Summative: Transfer Tasks: Other: Teacher Observation

Teacher observation of proper rules

Summative: Transfer Tasks: Performance: Authentic Task

Teacher observation of implementation in strategies to be successful completed during team play

Summative: Transfer Tasks: Performance: Authentic Task