Golf

Content Area: **Physical Education and Health**
Course(s): **Physical Education 9, Physical Education 10, Physical Education 11, Physical Education 12**
Time Period: **School Year**
Length: **8 blocks**
Status: **Published**

Transfer

Big Idea: Cooperation, Work Ethic, Skill Development and Physical Fitness

Enduring Understandings

Individuals who learn to practice safely, effectively and efficiently will feel comfortable and confident in the performance of skill related components during participation.

Understanding game

procedures and scores promotes cognitive strategies to improve chances of success.

Strategies and game knowledge provide desires to improve skill related components directed at correct, controlled physical execution.

This sport provides life time fitness, sociability and enjoyment for all ages and ability levels.

Essential Questions

How do I grip a golf club and apply force to initiate flight of a ball?

What causes a golf ball to be misdirected?

How does body position influence the flight of a golf ball?

What are the rules of golf and why is it call “the gentleman’s sport”?

Why are different golf clubs used for different distances?

How does golf etiquette influence the play on a course?

Content

Vocabulary

irons, woods, putter, address the ball, approach, birdie, bogey, bunker, divot, eagle, fairway, fore, green, handicap, hazard, hook, lie, par, rough, slice, stance, stroke, tee

Learning Objectives

Demonstrate a golf swing with mechanically correct form and control, using and combining movement skills.

Demonstrate a golf putt with mechanically correct forma and control, using and combining movement skills.

Recognize and correct errors in grips and address routines.

Discuss steps in assessing an approach shot.

Explore the history of golf and the game’s relevance in today’s society.

Discuss golf etiquette and code of behavior.

Explore the clubs used for specific distances and situations.

Standards

HPE.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.12.A	Movement Skills and Concepts
HPE.2.5.12.A.2	Analyze application of force and motion (weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
HPE.2.5.12.B	Strategy
HPE.2.5.12.B.1	Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.
HPE.2.5.12.B.3	Analyze factors that influence intrinsic and extrinsic motivation and employ techniques to enhance individual and team effectiveness.
HPE.2.5.12.C	Sportsmanship, Rules, and Safety
HPE.2.5.12.C.1	Analyze the role, responsibilities, and preparation of players, officials, trainers, and other participants and recommend strategies to improve their performance and behavior.