Soccer

Content Area: **Physical Education and Health**
Course(s): **Physical Education 9, Physical Education 10, Physical Education 11, Physical Education 12**
Time Period: **School Year**
Length: **8 Blocks**
Status: **Published**

Transfer

Big Idea: Cooperation, Work Ethic, Skill Development and Physical Fitness

Enduring Understandings

Individuals who learn to practice safely, effectively and efficiently will feel comfortable and confident of skill related components during participation.

Understanding game situations promotes cognitive strategies to improve team chances of success.

Rules are created to endure a safe environment

Essential Questions

To what extent does strategy influence performance?

Why is sportsmanship important in class?

How do we improve the level of play in a team situation?

What makes a good team?

How does working well as a team relate to real life?

Content

Vocabulary

Soccer, goal, offensive team, defensive team, catching /trapping, passing and shooting

Leraning Objectives

Dribble the indoor soccer ball under control using the proper form.

Kick and pass to a target on the run.

Shoot on goal while the ball is still and also in motion.

Convert the ball from a soccer ball being played on the floor to a basketball being passed.

Shoot the ball for a point as in basketball.

Demonstrate skills while competing in full court Boccer Games.

Standards

HPE.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.12.A	Movement Skills and Concepts
HPE.2.5.12.A.2	Analyze application of force and motion (weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
HPE.2.5.12.B	Strategy
HPE.2.5.12.B.1	Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.
HPE.2.5.12.B.2	Apply a variety of mental strategies to improve performance.
HPE.2.5.12.B.3	Analyze factors that influence intrinsic and extrinsic motivation and employ techniques to enhance individual and team effectiveness.