

# Bocce

Content Area: **Physical Education and Health**  
Course(s): **Physical Education 9, Physical Education 10, Physical Education 11, Physical Education 12**  
Time Period: **School Year**  
Length: **8 blocks**  
Status: **Published**

## Transfer

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Big Idea: Cooperation, Skill Development, Work Ethic, Physical Fitness

## Enduring Understandings

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Players, who learn to practice safely, effectively and efficiently have better performance of bocce ball skills in both practice and in games.

Rules are established to keep all players on the field safe and healthy.

## Essential Questions

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How do I improve my performance in order to compete at a higher level?

How does following the rules help you perform better?

## Content

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## Vocabulary

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Pallina

Double Pick -up

## Learning Objectives

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Demonstrate the proper technique for throwing a bocce ball.

Identify and demonstrate the various ways to score points in a game of bocce ball.

Discuss and then demonstrate with teammates and teachers how to follow all rules to ensure safety during a game of bocce ball

Compare and contrast the various types of grips and throws that are used during a game of bocce ball

## Standards

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HE.9-12.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HE.9-12.2.5.12.A	Movement Skills and Concepts
HE.9-12.2.5.12.A.1	Explain and demonstrate ways to transfer movement skills from one game, sport, dance, or recreational activity to another (e.g., striking skills from/to tennis, badminton, ping pong, racquetball).
HPE.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.12.B	Strategy
HPE.2.5.12.B.1	Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.

## Assessments

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Teacher observation of student performance, during skills

Formative: Other Evidence: Other: Teacher Observation

Peer Teaching

Formative: Other Evidence: Other: Peer Assessment

Written Recreational Games Test

Summative: Transfer Tasks: Test: Written