

# Basketball

Content Area: **Physical Education and Health**  
Course(s): **Physical Education 9, Physical Education 10, Physical Education 11, Physical Education 12**  
Time Period: **School Year**  
Length: **8 blocks**  
Status: **Published**

## **Transfer**

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Students will learn to work cooperatively and explain and demonstrate skill development in Basketball.

## **Enduring Understandings**

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Implementing effective offensive and defensive strategies in basketball is necessary for all players to be successful in both game situations and practice.

Individuals who learn to practice safely, effectively and efficiently have better performance of basketball skills in both practice and in games.

Rules are established for a safe and healthy environment.

## **Essential Questions**

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To what extent does strategy influence performance in competitive basketball games and practice?

How do I reach the next level of performance?

How does following the rules help you play better?

## **Content**

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## Vocabulary

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Offense, Defense, Traveling, 2-point basket, 3-point basket, Foul, Assist, Rebound, Steal, Block, Foul Shot, Bank Shot, Lay-Up, Dunk, Guard, Forward, Center, Out of Bounds, Pivot, Technical Foul

## Learning Objectives

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Demonstrate mechanically the correct form and control when using and combining dribbling, passing and shooting in game-like settings.

Compare and contrast offensive and defensive strategies used in playing basketball.

Detect and correct errors in dribbling, passing and shooting.

Demonstrate good sportsmanship and teamwork.

## Standards

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HE.9-12.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HE.9-12.2.5.12.A	Movement Skills and Concepts
HE.9-12.2.5.12.A.1	Explain and demonstrate ways to transfer movement skills from one game, sport, dance, or recreational activity to another (e.g., striking skills from/to tennis, badminton, ping pong, racquetball).
HPE.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.12.B	Strategy
HPE.2.5.12.B.1	Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.
HPE.2.5.12.C	Sportsmanship, Rules, and Safety
HPE.2.5.12.C.1	Analyze the role, responsibilities, and preparation of players, officials, trainers, and other participants and recommend strategies to improve their performance and behavior.

## Assessments

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Class discussion

Formative: Other Evidence: Oral: Discussion

Teacher Observation

Summative: Transfer Tasks: Other: Teacher Observation  
Proper demonstration of strategies and skills in basketball during games.  
Summative: Transfer Tasks: Performance: Skill Demonstration  
Written Tests  
Summative: Transfer Tasks: Test: Written