Archery

Content Area: **Physical Education and Health**
Course(s): **Physical Education 9, Physical Education 10, Physical Education 11, Physical Education 12**
Time Period: **School Year**
Length: **8 blocks**
Status: **Published**

Transfer

Student will learn to work cooperatively, explain and demonstrate work ethics, and acquire archery development.

Enduring Understandings

By creating an environment in which the emphasis is on experimentation and participation in "Learning by doing" situations.

Rules are established and must be followed for a safe and healthy environment.

Explorations: Risk taking can have surprising results.

Essential Questions

How do I reach the next level of performance?

What makes a safe learning environment

Why am I doing this?

Content

Vocabulary

Nocking

Drawing

Anchoring

Aiming

Quiver

Fletching

Target

Learning Objectives

Aim and shoot an arrow and hit the target three consecutive times demonstrating proper form and technique.

Identify and follow archery safety rules, and understand the responsibility for the safety of every member of the class as well as for themselves.

Standards

HPE.2.5.12	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.12.A	Movement Skills and Concepts
HPE.2.5.12.A.2	Analyze application of force and motion (weight transfer, power, speed, agility, range of motion) and modify movement to impact performance.
HPE.2.5.12.C	Sportsmanship, Rules, and Safety
HPE.2.5.12.C.2	Develop rule changes to existing games, sports, and activities that enhance safety and enjoyment.
HPE.2.6.12	All students will apply health-related and skill-related fitness concepts and skills to develop and maintain a healthy, active lifestyle.
HPE.2.6.12.A	Fitness and Physical Activity
HPE.2.6.12.A.1	Compare the short- and long-term impact on wellness associated with physical inactivity.