# Physical Education Grade 9-12 Course Compendium

# **UNITS OF STUDY**\*

Arena based scheduling Activities listed in OnCourse

# **INTERDISCIPLINARY CONNECTIONS**

#### PHYSICAL EDUCATION Credits: 3.75 Grades: 9, 10, 11, 12

Developmental skill, strengths, coordination and game sense are expected to become more refined and better developed with each completed grade level. To meet those goals, the department offers all students a broad program, which includes developmental, individual and team activities. The activities are aimed at forming a strong foundation for a lifelong healthy lifestyle.

# NJSLS Companion Standards Grades 9-12 (Reading & Writing in Science & Technical Subjects)

**RST.11-12.7.** Integrate and evaluate multiple sources of information presented in diverse formats and media (e.g., quantitative data, video, multimedia) in order to address a question or solve a problem.

NJSLSA.W6. Use technology, including the Internet, to produce and publish writing and to interact and collaborate with others.

### **21st Century Life and Careers**

- **CRP1.** Act as a responsible and contributing citizen and employee.
- CRP2. Apply appropriate academic and technical skills.
- **CRP3**. Attend to personal health and financial well-being.
- **CRP4.** Communicate clearly and effectively and with reason.
- **CRP5.** Consider the environmental, social and economic impacts of decisions.
- **CRP6.** Demonstrate creativity and innovation.
- **CRP8.** Utilize critical thinking to make sense of problems and persevere in solving them.
- **CRP9.** Model integrity, ethical leadership and effective management.
- **CRP10.** Plan education and career paths aligned to personal goals.
- **CRP11.** Use technology to enhance productivity.
- CRP12. Work productively in teams while using cultural global competence

## 9.3 CAREER AND TECHNICAL EDUCATION

- 9.3.ST.2 Use technology to acquire, manipulate, analyze and report data.
- 9.3.HL-HI.2 Describe the content and diverse uses of health information.
- **9.3.HL.1** Determine academic subject matter, in addition to high school graduation requirements, necessary for pursuing a health science career.
- **9.3.HU.1** Evaluate principles of planning, development, implementation and evaluation to accomplish long-range goals in the human services.

## Technology

**8.1 Educational Technology: B. Creativity and Innovation:** Students demonstrate creative thinking, construct knowledge and develop innovative products and process using technology.

**8.1.12.B.CS1** Apply existing knowledge to generate new ideas, products, or processes.

8.1 Educational Technology: E: Research and Information Fluency: Students apply digital tools to gather, evaluate, and use information.

GENERAL CONSIDERATIONS FOR DIVERSE LEARNERS		
English Language Learners	Students Receiving Special Education Services	Advanced Learners
<ul> <li>Personal glossary</li> <li>Text-to-speech</li> <li>Extended time</li> <li>Simplified / verbal instructions</li> <li>Frequent breaks</li> </ul> WIDA Can Do Descriptors for Grade 9-12 WIDA Essential Actions Handbook FABRIC Paradigm Wall Township ESL Grading Protocol *Use WIDA Can Do Descriptors in coordination with Student Language Portraits (SLPs).	<ul> <li>Small group/One to one</li> <li>Additional time</li> <li>Review of directions</li> <li>Student restates information</li> <li>Space for movement or breaks</li> <li>Extra visual and verbal cues and prompts</li> <li>Preferential seating</li> <li>Follow a routine/schedule</li> <li>Rest breaks</li> <li>Verbal and visual cues regarding directions and staying on task</li> <li>Checklists</li> <li>Immediate feedback</li> <li>Students receiving Special Education programming have specific goals and objectives, as well as accommodations and modifications outlined within their Individualized Education Plans (IEP) due to an identified disability and/or diagnosis. In addition to exposure to the general education curriculum, instruction is differentiated based upon the student's needs. The IEP acts as a supplemental curriculum guide inclusive of instructional strategies that support each learner.</li> <li>Considerations for Special Education Students 6-12</li> <li>National Center on Universal Design for Learning - About UDL</li> <li>UDL Checklist</li> <li>UDL Key Terms</li> </ul>	<ul> <li>Use of high level academic vocabulary/texts</li> <li>Problem-based learning</li> <li>Preassess to condense curriculum</li> <li>Interest-based research</li> <li>Authentic problem-solving</li> <li>Homogeneous grouping opportunities</li> <li>Knowledge and Skill Standards in Gifted Education for All Teachers</li> <li>Pre-K-Grade 12 Gifted</li> <li>Programming Standards</li> <li>Gifted Programming Glossary of Terms</li> <li>Students with 504 Plan</li> <li>Teachers are responsible for implementing designated services and strategies identified on a student's 504 Plan.</li> </ul>
	At Risk Learners / Differentiation Strategies	
Alternative Assessments Games and Tournaments Guided Reading Leveled Rubrics Homogeneous Grouping	Multiple Intelligence Options Varied Supplemental Activities Tiered Activities/Assignments Choice of Activities Think-Pair-Share by readiness or interest Use of Collaboration of Various Activities	Jigsaw Think-Tac-Toe Exploration by Interest Flexible Grouping Goal-Setting with Students Homework Options Open-Ended Activities Varied Product Choices Stations/Centers Work Alone/Together

\*See individual units for Pacing Guide, NJSLS Standards, Transfer Skills, Enduring Understandings, Essential Questions, Learning Objectives, Key Vocabulary, Skills, Resources, & Assessments

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