

HS Physical Education Resource List

Course	Teacher(s)	Resources Used in All Units- Provide the Text, Additional Programs Used, Computer Applications used such as Excel or Google Sheets, Slide Presentations, Guest Speakers, online resources with links, etc.
Aerobic Jump Rope		No Longer Offered
Archery		No Longer Offered
Badminton		Badminton, rackets, nets,
Basketball		Basketballs, hoops/nets, cones, pinnies
Bocce		No Longer Offered
Dance		Music
Fitness Circuit		No Longer Offered
Flag Football		Footballs, flags, cones
Four Square		No Longer Offered
Golf		Golf balls, Golf Clubs, Greens, tees,
Horseshoes		(Part of Outdoor Rec. Games)
Indoor Recreational Games		(See Indoor Rec. Games)
Indoor/Outdoor Soccer		Indoor or outdoor soccer ball, goals, cones, pinnies

Lacrosse		Lacrosse sticks, lacrosse balls, cones, goals, pinnies
Ladder Golf		(Part of Outdoor Rec. Games)
Outdoor Recreational Games		Cornhole boards, bean bags, cones, KanJam, frisbees, horseshoes, ladder golf
Pickleball		Pickleball paddles, pickleballs, pickleball nets
Pillow Polo/Floor Hockey		Floor hockey sticks, floor hockey balls, goalie masks, goals, cones
Pole ball		2 volleyball standards, soft foam ball, cones, pinnies
Project USE Level 1		No Longer Offered
Project USE Level 2		No Longer Offered
Soccer		Soccer Balls, goals, cones
Softball		Softballs, Bats, Bases, Helmets
Team Handball		Soft foam ball, goals, pinnies, cones
Tennis		Tennis rackets, tennis balls, tennis courts
Track & Field		No Longer Offered
Triple Threat		Foam ball, goals, basketball hoops, pinnies
Ultimate Frisbee		Frisbee, cones, pinnies
Volleyball		Volleyballs, volleyball net
Walking/Jogging/Cross Country		Stop watch, track

Weight Training		Free weights, weight plates, weight bars, kettlebells, exercise mats
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