

# Unit 1 How to deal with stage anxiety

Content Area: **Music**  
Course(s): **Vocal Performance 1**  
Time Period: **September**  
Length: **3 weeks**  
Status: **Published**

## Transfer

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How to deal with stage anxiety

**Prepare for a class performance**

## Enduring Understandings

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Acting exercises are important to help

Build confidence and help performers to focus

Research is a very important part of preparing a song.

Singing is a perfect example of creating expression

**Vocalists must know how to prepare a vocal performance using research methods and acting elements**

## Essential Questions

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How do I deal with stage anxiety?

How do I research a song?

Do I include the audience in my performance or use acting elements?

**What acting methods do I use to prepare my performance?**

How do I research a song to perform in class?

## **Content**

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### **Vocabulary:**

elements of method acting

Accompaniment transposition

Repertoire

4<sup>th</sup> wall

## **Learning Objectives**

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Participate in warm up ex for stage development

Expand knowledge of vocal repertoire

Learn how to research vocal material

Perform a prepared vocal performance

Rehearse songs with accompaniment and determine ne style and skills.

Use acting elements of Who, Why Where, When What incorporated to tell the story of the song

## **Standards**

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VPA.1.1.12

All students will demonstrate an understanding of the elements and principles that govern

the creation of works of art in dance, music, theatre, and visual art.

VPA.1.1.12.B

Music

VPA.1.1.12.B.2

Synthesize knowledge of the elements of music in the deconstruction and performance of complex musical scores from diverse cultural contexts.

VPA.1.3.12

All students will synthesize those skills, media, methods, and technologies appropriate to creating, performing, and/or presenting works of art in dance, music, theatre, and visual art.

VPA.1.3.12.C

Theatre

VPA.1.3.12.C.2

Create and evaluate performances by citing evidence of specific physical choices, sustained vocal technique, and clearly motivated actions.