Unit 2: Let Me Pick Your Brain

Content Area: **Physical Education and Health**
Course(s): **Health Education Grade 12**
Time Period: **School Year**
Length: **5 blocks**
Status: **Published**

Transfer

Let Me Pick Your Brain

Enduring Understandings

Mental disorders may be organic or functional.

Risk factors for suicide include depression, alcohol or drug abuse and a family history of mental disorders.

Many kinds of mental health professionals can help people with mental disorders, and there are several different treatment methods that are available.

Many kinds of losses can cause a grief response. Understanding the stages in the grieving process can help people cope.

Essential Questions

What are the different types of mental disorders, and what services are available to treat them?

What are the warning signs of suicide, and what are some strategies to prevent it?

What are the warning signs that prompt people to seek professional help?

What types of methods are available for addressing critical mental health issues?

What are several issues related to death and grieving?

Content

Mental disorders

Anxiety disorders

Post-traumatic stress disorder

Skills

Describe the different types of mental disorders.

Analyze different situations requiring professional mental health services.

List the warning signs of suicide.

Determine strategies to prevent suicide and strategies for coping with depression.

Describe warning signs that prompt individuals to seek mental health care.

Investigate methods for addressing critical mental health issues.

Compare the stages of the grieving process and ways in which people cope with emotional loss.

Discuss issues related to death and grieving.

Resources

Glenco Health, Wall Twp Police Dept. Not Even Once Drug Education Program, Google Slides, Google Docs

Assessments

Chapter 9 Test
Summative: Transfer Tasks: Test: Written
Teacher Observation
Formative: Other Evidence: Other: Teacher Observation
Class discussions
Formative: Other Evidence: Oral: Discussion
Peer Teaching
Formative: Other Evidence: Other: Peer Assessment
Small Group/individual presentations
Performance: Dramatization
Small group/individual projects
Formative: Other Evidence: Project: Personal

Standards

HE.9-12.2.1.12.C	Diseases and Health Conditions
HE.9-12.2.1.12.C.1	Predict diseases and health conditions that may occur during one's lifespan and speculate on potential prevention and treatment strategies.
HPE.2.1.12	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.12.C	Diseases and Health Conditions
HPE.2.1.12.C.3	Determine the emotional, social, and financial impact of mental illness on the family, community, and state.
HPE.2.1.12.C.4	Relate advances in medicine and technology to the diagnosis and treatment of mental illness.