Unit 1: In Case of Emergency

Content Area: **Physical Education and Health**
Course(s): **Health Education Grade 12**
Time Period: **School Year**
Length: **5 blocks**
Status: **Published**

Transfer

In Case of Emergency

Enduring Understandings

Most minor injuries can be prevented or treated using basic first aid, but major injuries require professional medical treatment.

Following proper safety procedures when participating in physical activity can limit the risk of injury.

Essential Questions

What is the importance of learning basic first aid?

What are strategies for responding to emergency situations?

What are various types of injuries/emergency situations that can be treated with basic first aid?

What are ways to prevent injuries while participating in physical activity?

Content

First Aid

Universal Precautions

Chain of Survival

Defibrillator

Cardio Pulmonary Resuscitation (CPR)

Shock

Fracture

Unconsciousness

Concussion

Mood disorder

Conduct disorder

Alienation

Suicide

Cluster suicides

Psychotherapy

Behavior therapy

Cognitive therapy

Group therapy

Biomedical therapy

Skills

Discuss the importance of learning first aid.

Demonstrate the procedures for providing basic first aid.

Describe and demonstrate the procedures for providing CPR and First Aid for shock and choking victims.

Identify and analyze strategies for responding to common emergencies

Examine strategies for responding to emergencies, such as poisonings.

Resources

Glenco Health, Wall Twp Police Dept. Not Even Once Drug Education Program, Google Slides, Google Docs

Standards

HE.9-12.2.1.12	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HE.9-12.2.1.12.C	Diseases and Health Conditions
HE.9-12.2.1.12.C.1	Predict diseases and health conditions that may occur during one's lifespan and speculate on potential prevention and treatment strategies.
HPE.2.1.12	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.12.C	Diseases and Health Conditions
HPE.2.1.12.C.3	Determine the emotional, social, and financial impact of mental illness on the family, community, and state.
HPE.2.1.12.C.4	Relate advances in medicine and technology to the diagnosis and treatment of mental illness.
HPE.2.1.12.D	Safety
HPE.2.1.12.D.1	Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.
HPE.2.1.12.D.6	Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.