Health Grade 10 Unit 3

Content Area: **Physical Education and Health**
Course(s): **Driver Education**
Time Period: **School Year**
Length: **5 blocks**
Status: **Published**

Transfer

Drivers Readiness, preparation for obtaining your license.

Enduring Understandings

Driving with short-term physical illnesses and or fatigue negatively impact driving performance.

Distractions and psychological impairments affect your ability to perceive and react promptly to driving hazards and emergencies.

Drinking and driving create a multitude of dangers. As a result laws exist to protect us.

People have a responsibility to protect themselves and others from the risks posed by people who drive while impaired

Essential Questions

What impair's a drivers mental and physical skills?

How does inattention, distractions and emotions affect driving?

why be sober?

what are in a person's responsibilities regarding impaired driving?

Standards

HE.9-12.2.1.12	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HE.9-12.2.1.12.D	Safety
HE.9-12.2.1.12.D.5	Summarize New Jersey motor vehicle laws and regulations and determine their impact on health and safety (e.g., organ/tissue donation, seatbelt use, and the use of hand-held devices).
HPE.2.1.12	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.12.A	Personal Growth and Development
HPE.2.1.12.A.1	Analyze the role of personal responsibility in maintaining and enhancing personal, family, community, and global wellness.
HPE.2.1.12.D	Safety
HPE.2.1.12.D.1	Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.
HPE.2.1.12.D.3	Analyze the relationship between alcohol and drug use and the incidence of motor vehicle crashes.
HPE.2.2.12	All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.
HPE.2.2.12.B	Decision-Making and Goal Setting
HPE.2.2.12.B.1	Predict the short- and long-term consequences of good and poor decision-making on oneself, friends, family, and others.
HPE.2.3.12	All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle.
HPE.2.3.12.B	Alcohol, Tobacco, and Other Drugs
HPE.2.3.12.B.1	Compare and contrast the incidence and impact of commonly abused substances (such as tobacco, alcohol, marijuana, inhalants, anabolic steroids, and other drugs) on individuals and communities in the United States and other countries.
HPE.2.3.12.B.2	Debate the various legal and financial consequences of the use, sale, and possession of illegal substances.
HPE.2.3.12.B.3	Correlate increased alcohol use with challenges that may occur at various life stages.