

# Health Grade 10 Unit 1

Content Area: **Physical Education and Health**  
Course(s): **Driver Education**  
Time Period: **School Year**  
Length: **15 blocks**  
Status: **Published**

## **Transfer**

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Big Idea: Lessons learned to save lives.

## **Enduring Understandings**

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Realize how actions and the actions of others on the road will determine if they reach their destination safely.

Risk is always present but it can be altered and managed as a driver.

Understanding your vehicle and how it is equipped is essential in your ability to control your car in a safe manner.

Traffic laws help promote the orderly flow of traffic and prevent accidents.

## **Essential Questions**

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When are you ready to drive?

What attributes does a defensive driver possess?

If a person is a "good" driver, is driving a safe task? Why or why not?

How does understanding basic vehicle handling (ie. steering, braking, turns) help you to be a safer driver?

What are some of the basic rules of the road a student needs to be familiar with?

## Standards

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HE.9-12.2.1.12.D.5	Summarize New Jersey motor vehicle laws and regulations and determine their impact on health and safety (e.g., organ/tissue donation, seatbelt use, and the use of hand-held devices).
HPE.2.1.12	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.12.D	Safety
HPE.2.1.12.D.3	Analyze the relationship between alcohol and drug use and the incidence of motor vehicle crashes.