Unit 5: STDs

Content Area: **Physical Education and Health**
Course(s): **Health Education Grade 9**
Time Period: **School Year**
Length: **12 blocks**
Status: **Published**

Transfer

Sexually Transmitted Infections and Aids/HIV

Enduring Understandings

Understanding the causes of high national instances of unintended pregnancies and sexually transmitted disease helps to make healthy decisions in their own lives.

Acquiring health information that promotes concepts and skills supports a health active lifestyle

Essential Questions

What to do to avoid the risk of contacting an STD?

What to do to avoid the risk of early pregnancies among teenagers?

Content

Abstinence epidemic, Sexually transmitted infections/disease, Chlamydia, genital herpes, gonorrhea, syphilis, trichomoniasis, HPV, HIV, AIDS, opportunistic infections

Skills

Describe the symptoms and treatments for some common STD's.

Describe how HIV affects and destroys the immune system.

Identify behaviors, refusal skills and the risk of HIV infections.

Analyze the effectiveness of contraceptive methods and how they prevent pregnancy and STI'S

Standards

HE.9-12.2.4.12	All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.
HE.9-12.2.4.12.B	Sexuality
HE.9-12.2.4.12.B.3	Analyze factors that influence the choice, use, and effectiveness of contraception, including risk-reduction and risk-elimination strategies.
HE.9-12.2.4.12.B.5	Relate preventative healthcare strategies of male/female reproductive systems to the prevention and treatment of disease (e.g., breast/testicular exams, Pap smear, HPV vaccine).
HPE.2.3.12	All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle.
HPE.2.3.12.B	Alcohol, Tobacco, and Other Drugs
HPE.2.3.12.B.3	Correlate increased alcohol use with challenges that may occur at various life stages.
HPE.2.3.12.B.4	Correlate the use of alcohol and other drugs with incidences of date rape, sexual assault, STIs, and unintended pregnancy.
HPE.2.3.12.B.5	Relate injected drug use to the incidence of diseases such as HIV/AIDS and hepatitis.
HPE.2.4.12	All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.
HPE.2.4.12.C	Pregnancy and Parenting
HPE.2.4.12.C.2	Analyze the relationship of an individual's lifestyle choices during pregnancy and the incidence of fetal alcohol syndrome, sudden infant death syndrome, low birth weight, premature birth, and other disabilities.
HPE.2.4.12.C.6	Compare the legal rights and responsibilities of adolescents with those of adults regarding pregnancy, abortion, and parenting.