Unit 4: Birth Control

Content Area: **Physical Education and Health**
Course(s): **Health Education Grade 9**
Time Period: **School Year**
Length: **5 blocks**
Status: **Published**

Transfer

Contraception and Contraceptives/ Abstinence

Enduring Understandings

Abstinence in todays society.

Understanding the complexity of various methods of Birth Control

Comprehension of the NJ Safe Haven Infant Protection Act which allows the surrendering of an unharmed and unwanted infant.

Essential Questions

Where does responsiblity take place when discussing birth control?

When should birth control be in place?

What happens if birth control is not discussed?

- What is the NJ Safe Haven Infant Protection Act?

Content

abstinence, over the counter methods, precription methods, permanent methods, sterlity, hormone methods, barrier methods, Fertility awareness methods, NJ Safe Haven Infant Protection Act, unwanted infant, safe haven locations

Skills

Compare and contrast the various methods of birth control.

Demonstrate the importance of Abstinence.

Discuss what happens when birth control does not work.

Point out the importance of communication in a relationship.

At what age does birth control become inportant?

Recognize the ability to safely, legally and anonymously surrender an unharmed and unwanted infant child.

Standards

HE.9-12.2.4.12.B	Sexuality
HE.9-12.2.4.12.B.3	Analyze factors that influence the choice, use, and effectiveness of contraception, including risk-reduction and risk-elimination strategies.
HE.9-12.2.4.12.B.5	Relate preventative healthcare strategies of male/female reproductive systems to the prevention and treatment of disease (e.g., breast/testicular exams, Pap smear, HPV vaccine).
HPE.2.4.12	All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.
HPE.2.4.12.A	Relationships
HPE.2.4.12.A.1	Compare and contrast how family structures, values, rituals, and traditions meet basic human needs worldwide.
HPE.2.4.12.A.3	Analyze how personal independence, past experience, and social responsibility influence the choice of friends in high school and young adulthood.
HPE.2.4.12.B	Sexuality
HPE.2.4.12.B.1	Predict the possible long-term effects of adolescent sex on future education, on career plans, and on the various dimensions of wellness.
HPE.2.4.12.C	Pregnancy and Parenting
HPE.2.4.12.C.2	Analyze the relationship of an individual’s lifestyle choices during pregnancy and the incidence of fetal alcohol syndrome, sudden infant death syndrome, low birth weight, premature birth, and other disabilities.
HPE.2.4.12.C.3	Evaluate the methods and resources available to confirm pregnancy.
HPE.2.4.12.C.4	Determine the impact of physical, social, emotional, cultural, religious, ethical, and legal issues on elective pregnancy termination.
HPE.2.4.12.C.6	Compare the legal rights and responsibilities of adolescents with those of adults regarding pregnancy, abortion, and parenting.
HPE.2.4.12.C.7	Analyze factors that affect the decision to become a parent.