Unit 10: Exploring food and culinary careers

Content Area: **Language Arts Literacy**
Course(s): **Food and Fitness**
Time Period: **June**
Length: **6 blocks**
Status: **Published**

Enduring Understandings

Successful college and career planning is essential to future success.

Individuals have important rights and responsibilities as citizens in the work place

Personal actions today and tomorrow may have an effect on future employment.

Personal attitudes, behaviors, knowledge and skills promote self awareness, personal responsibility and self-direction.

Each job, career and profession has a set of preparation requirements, career exploration experiences and different opportunities for personal and professional growth and satisfaction.

Essential Questions

How do I prepare and make choices for a career.

How do I determine what career choices will fit my personality, interests, and talents.

How can I find out about the career opportunities and experiences available in the food, nutrition, science and business fields.

Why do I need a career plan?

How do I become a good employee?

How does work ethic affect my success in the workplace?

How do I learn to respect differences in others and work with others I may not like?

Content

Vocabulary:

Career

Self analysis

Career plan

Values

Goals

Resume

Application

Skills

Identify and analyze career opportunities in the food and nutrition fields.

Explain how interests, aptitudes, values and goals can affect career decisions.

Describe steps to take during the teen years to help prepare for a career.

Complete a personal interest, talent, personality inventory

Analyze personal interests, abilities, and skills through self assessments.

Evaluate work ethic and behavior characteristics needed for success in a career and in life.

Explain the importance of appearance, attendance, attitude, character, cooperation, productivity, organizational

and communication skills, respect, and teamwork in the work world.

Begin development of a career plan

Resources

Guide to Good Food

Nutrition, Food and Fitness

Nutrition Action Newsletter

Standards

9.1	Analyze career paths within food science, food technology, dietetics, and nutrition industries.
9.1.1	Explain the roles and functions of individuals engaged in food science, food technology, dietetics, and nutrition careers.
9.1.2	Analyze opportunities for employment and entrepreneurial endeavors.
9.1.3	Summarize education and training requirements and opportunities for career paths in food science, food technology, dietetics, and nutrition.