Unit 1: Relationships built on interlinked qualities

Content Area: **Family and Consumer Sciences**
Course(s): **Contemporary Living**
Time Period: **September**
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Transfer

Lasting relationships are built on a set of interlinked qualities

Enduring Understandings

The emotional, social and intellectual traits of personality become apparent to others through behavior

The better you become at relationship skills, the stronger and more satisfying your relationships will be

Conflicts can be handled in ways that solve the problem instead of making it worse

As societies grow more diverse, tolerance becomes more important

Essemtial Questions

Why is adolescence a good time to make personality adjustments?

How can being part of a strong relationship enrich your life?

How can conflicts be both positive and negative?

How does bullying affect those that are targets of bullies as well as those that witness the bullying?

How can society be hurt by prejudice and intolerance?

Content

Personality

Relationships

Conflict resolution

Anti-bullying

Tolerance

Cultural diversity

Perspective awareness

Learning Objectives

Analyze the factors that influence personality

Explain how to build strong relationships

Explain and demonstrate the six step conflict resolution process

Distinguish between different types of bullying

Explain how to handle a bullying situation

Explain the meaning of tolerance, cultural diversity and perspective awareness

Standards

13.1	Analyze functions and expectations of various types of relationships.
13.1.1	Analyze processes for building and maintaining interpersonal relationships.
13.1.3	Compare physical, emotional, spiritual and intellectual functioning in stable and unstable relationships.
13.1.4	Analyze factors that contribute to healthy and unhealthy relationships.
13.1.5	Analyze processes for handling unhealthy relationships.
13.3	Demonstrate communication skills that contribute to positive relationships.
13.3.1	Analyze communication styles and their effects on relationships.
13.3.2	Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.
13.3.4	Analyze strategies to overcome communication barriers in family, community and work settings.
13.4	Evaluate effective conflict prevention and management techniques.
13.4.1	Analyze the origin and development of attitudes and behaviors regarding conflict.
13.4.2	Explain how similarities and differences among people affect conflict prevention and management.
13.4.3	Apply the roles of decision making and problem solving in reducing and managing conflict.
13.4.4	Demonstrate nonviolent strategies that address conflict.
13.4.5	Demonstrate effective responses to harassment.
13.4.6	Assess community resources that support conflict prevention and management.
13.6	Demonstrate standards that guide behavior in interpersonal relationships.
13.6.1	Apply critical thinking and ethical criteria to evaluate interpersonal relationships.
13.6.2	Apply ethical guidelines when assessing interpersonal issues and situations.
13.6.3	Apply critical thinking and ethical standards when making judgments and taking action.