Unit 4: Sewing your own clothes expresses personal style

Content Area: **Language Arts Literacy**
Course(s): **Contemporary Living**
Time Period: **December**
Length: **8 blocks**
Status: **Published**

Enduring Understandings

Home sewers can purchase materials, patterns, and supplies that make it possible for them to create fashionable clothing equal to that in the retail market

Sewing can be a money saving skill as well as a way to express a person's creativity and increase self esteem

Mastery of sewing skills can enhance the quality of the completed project

Being able to read, comprehend, and follow directions is an ability that will be used repeatedly throughout life

Essential Questions

How could basic sewing skills improve our lifestyle and save you money?

How does the ability to read, comprehend and follow directions enhance one's life?

How does the knowledge of basic measuring principles affect the outcome of your finished product?

Why is safety a concern in learning n how to operate and maintain sewing tools and equipment properly?

How does the creation and completion of a sewing project increase self esteem, build a sense of accomplishment and help your family?

Content

Pattern

Notions

Seam ripper

Seam gauge

Tape measure

Bobbin

Feed dogs

Lockstitch

Layout

Seam allowance

Selvage

Skills

Demonstrate simple hand stitches used in clothing repair

Take accurate body measurements and determine what size pattern to buy

List and explain considerations when selecting a pattern fabric, and motions to complete a garment

Estimate the cost of a sewing project

Identify and demonstrate the proper way and safe use of sewing equipment and tools

Construct a garment using a pattern

Resources

Creative Living

Google search, slides, docs

Standards

16.4	Demonstrate skills needed to produce, alter, or repair textiles, fashion, and apparel.
16.4.1	Demonstrate professional skills in using traditional and technologically innovative equipment, tools, and supplies in textiles, fashion, and apparel construction, alteration, repair, and recycling.
16.4.4	Analyze current technology, trends, and innovations that facilitate design and production of textiles, fashion, and apparel.
16.4.5	Demonstrate basic skills for production, alteration, repair and recycling of textiles, fashion, and apparel.