

# Unit 7- The Cardiovascular System

Content Area: **Science**  
Course(s): **Anatomy, Physiology, and Kinesology**  
Time Period: **Marking Period 3**  
Length: **12 Blocks**  
Status: **Published**

## Transfer Skills

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Students will understand why the heart is an essential part of the cardiovascular system and how the various types of blood vessels function in the cardiovascular system. Students will also describe how the components of blood, structures and functions of blood components, structures and functions of the cardiovascular system, conduction system of the heart, and the cardiac cycle all maintain homeostasis in the human body.

## Vocabulary

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Atrioventricular valve, atrium, cardiac cycle, cardiac output, diastole, electrocardiogram, endocardium, epicardium, intercalated disc, myocardium, pericardium, sinoatrial node, systole, ventricle, arteriole, artery, blood pressure, capillary, pulmonary circuit, pulse pressure, respiratory pump, systemic circuit, stroke volume, vasoconstriction, vasodilation, vein, venule, semilunar valve, bicuspid valve, tricuspid valve, aortic valve, pulmonary valve

## Enduring Understandings

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- Describe the significance of the four-chambered heart structure.
- Explain how a heart beat is generated, regulated and changed.
- Understand the structure and roles of vessels in the human body, and explain the circulation pathway for blood.
- Discuss the interdependence of the cardiovascular and respiratory systems.
- Identify factors which put people at risk for cardiovascular disease and related disorders.

## Essential Questions

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1. How do the various circuits of the cardiovascular system work together to sustain life?
2. What mechanisms reduce blood loss after an injury?
3. What are the major organs of the cardiovascular system and the function of each?
4. What are the major events and activities of the cardiac cycle?
5. What factors effect blood flow and pressure?
6. What are the major arteries and veins served by the heart?
7. How is blood moved through the body?
8. What factors affect cardiovascular health?

## **Learning Objectives**

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Students will be able to:

- Describe the location of the heart in the human body
- Identify the major anatomical areas on a model
- Trace the pathway of blood through the heart
- Describe pulmonary and systemic pathways of circulation
- Explain the operation of heart valves
- Name/describe the cardiac conduction system
- Define systole, diastole, stroke volume and cardiac cycle
- Compare/contrast the structure/function of arteries, veins and capillaries

## **Resources**

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**Text: Hole's Essentials of Human Anatomy & Physiology 2012**

[PBS LearningMedia](#)

[KhanAcademy: Health and Medicine](#)

[YouTube: Crash Course: Anatomy & Physiology](#)

[Get Body Smart](#)

[Discovery: \[www.unitedstreaming.com\]\(http://www.unitedstreaming.com\)](#)

[NBC Learn Videos: \[www.nbclearn.com\]\(http://www.nbclearn.com\)](#)

[eLibrary science: <http://science.bigchalk.com/sciweb/science/do/search>](#)

[Web simulators: www.pHET.colorado.edu](http://www.pHET.colorado.edu)

[Web Video Clips: www.Learning4mastery.com\(Flipped Learning\)](http://www.Learning4mastery.com(Flipped Learning))

[Case studies - http://sciencecases.lib.buffalo.edu/cs/](http://sciencecases.lib.buffalo.edu/cs/)

## **Standards**

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### **Science and Engineering Practices**

#### **Constructing Explanations and Designing Solutions**

- Construct and revise an explanation based on valid and reliable evidence obtained from a variety of sources (including students' own investigations, models, theories, simulations, peer review) and the assumption that theories and laws that describe the natural world operate today as they did in the past and will continue to do so in the future. (HS-LS1-6)
- Develop and use a model based on evidence to illustrate the relationships between systems or between components of a system. (HS-LS1-2)
- Use a model based on evidence to illustrate the relationships between systems or between components of a system. (HS-LS1-4),(HS-LS1-5),(HS-LS1-7)

#### **Planning and Carrying Out Investigations**

- Planning and carrying out in 9-12 builds on K-8 experiences and progresses to include investigations that provide evidence for and test conceptual, mathematical, physical, and empirical models.
- Plan and conduct an investigation individually and collaboratively to produce data to serve as the basis for evidence, and in the design: decide on types, how much, and accuracy of data needed to produce reliable measurements and consider limitations on the precision of the data (e.g., number of trials, cost, risk, time), and refine the design accordingly. (HS-LS1-3)

#### **Constructing Explanations and Designing Solutions**

- Constructing explanations and designing solutions in 9–12 builds on K–8 experiences and progresses to explanations and designs that are supported by multiple and independent student-generated sources of evidence consistent with scientific ideas, principles, and theories.
- Construct an explanation based on valid and reliable evidence obtained from a variety of sources (including students' own investigations, models, theories, simulations, peer review) and the assumption that theories and laws that describe the natural world operate today as they did in the past and will continue to do so in the future. (HS-LS1-1)
- Construct and revise an explanation based on valid and reliable evidence obtained from a variety of sources (including students' own investigations, models, theories, simulations, peer review) and the

assumption that theories and laws that describe the natural world operate today as they did in the past and will continue to do so in the future. (HS-LS1-6)

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## Disciplinary Core Ideas

### LS1.A: Structure and Function

- Systems of specialized cells within organisms help them perform the essential functions of life. (HS-LS1-1)
- All cells contain genetic information in the form of DNA molecules. Genes are regions in the DNA that contain the instructions that code for the formation of proteins, which carry out most of the work of cells. (HS-LS1-1) (Note: This Disciplinary Core Idea is also addressed by HS-LS3-1.)
- Multicellular organisms have a hierarchical structural organization, in which any one system is made up of numerous parts and is itself a component of the next level. (HS-LS1-2)
- Feedback mechanisms maintain a living system's internal conditions within certain limits and mediate behaviors, allowing it to remain alive and functional even as external conditions change within some range. Feedback mechanisms can encourage (through positive feedback) or discourage (negative feedback) what is going on inside the living system. (HS-LS1-3)

### LS1.B: Growth and Development of Organisms

- In multicellular organisms individual cells grow and then divide via a process called mitosis, thereby allowing the organism to grow. The organism begins as a single cell (fertilized egg) that divides successively to produce many cells, with each parent cell passing identical genetic material (two variants of each chromosome pair) to both daughter cells. Cellular division and differentiation produce and maintain a complex organism, composed of systems of tissues and organs that work together to meet the needs of the whole organism. (HS-LS1-4)

### LS1.C: Organization for Matter and Energy Flow in Organisms

- The process of photosynthesis converts light energy to stored chemical energy by converting carbon dioxide plus water into sugars plus released oxygen. (HS-LS1-5)
- The sugar molecules thus formed contain carbon, hydrogen, and oxygen: their hydrocarbon backbones are used to make amino acids and other carbon-based molecules that can be assembled into larger molecules (such as proteins or DNA), used for example to form new cells. (HS-LS1-6)
- As matter and energy flow through different

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## Crosscutting Concepts

### Systems and System Models

- Models (e.g., physical, mathematical, computer models) can be used to simulate systems and interactions—including energy, matter, and information flows—within and between systems at different scales. (HS-LS1-2), (HS-LS1-4)

### **Energy and Matter**

- Changes of energy and matter in a system can be described in terms of energy and matter flows into, out of, and within that system. (HS-LS1-5), (HS-LS1-6) § Energy cannot be created or destroyed—it only moves between one place and another place, between objects and/or fields, or between systems. (HS-LS1-7)

### **Structure and Function**

- Investigating or designing new systems or structures requires a detailed examination of the properties of different materials, the structures of different components, and connections of components to reveal its function and/or solve a problem. (HS-LS1-1)

### **Stability and Change**

- Feedback (negative or positive) can stabilize or destabilize a system. (HS- LS1-3)

SCI.9-12.HS-LS1-1	Construct an explanation based on evidence for how the structure of DNA determines the structure of proteins, which carry out the essential functions of life through systems of specialized cells.
SCI.9-12.HS-LS1-2	Develop and use a model to illustrate the hierarchical organization of interacting systems that provide specific functions within multicellular organisms.
SCI.9-12.HS-LS1-3	Plan and conduct an investigation to provide evidence that feedback mechanisms maintain homeostasis.
SCI.9-12.HS-LS3-3	Apply concepts of statistics and probability to explain the variation and distribution of expressed traits in a population.
SCI.9-12.HS-LS3-1	Ask questions to clarify relationships about the role of DNA and chromosomes in coding the instructions for characteristic traits passed from parents to offspring.
SCI.9-12.HS-LS3-2	Make and defend a claim based on evidence that inheritable genetic variations may result from (1) new genetic combinations through meiosis, (2) viable errors occurring during replication, and/or (3) mutations caused by environmental factors.
SCI.9-12.HS-LS1-4	Use a model to illustrate the role of cellular division (mitosis) and differentiation in producing and maintaining complex organisms.