# Unit 3: Personality, Psychological Disorders and Treatment

Content Area:	Social Studies
Course(s):	Psychology
Time Period:	November
Length:	10 blocks
Status:	Published

#### Transfer

Personality, Psychological Disorders and Treatment: What makes us who we are and why we are?

### **Enduring Understandings**

Personality consists of enduring attributes that are representative of one's behavior.

Psychologists have attempted to determine the effect of heredity and environment on personality.

Attempts to understand why people behave abnormally have led to examining behavior from a variety of perspectives or viewpoints.

The purpose of therapy is to help people overcome psychological problems.

#### **Essential Questions**

What is personality?

How might personality tests be used to diagnose mental disorders?

How do we define what is normal or abnormal?

How can therapy help a person to function in a healthier way?

#### Content

Vocabulary

Personality, , Id, Ego, Super Ego, Defense Mechanisms, Psychosexual Stages, Trait, Big Five Theory, Trait Theory, Self-Concept, Projective Tests, Rorschach Test, Mental Illness, Psychotherapy, Psychoanalysis, Behavioral Therapy, Biomedical Therapy

Resources
Introduction to Psychology
Google Slides
Google Docs
Chromebooks
NewsEla
Selected Articles
Video Clips
Graphic Organizers
Review Guide

## **Important People**

People

Sigmund Freud, Alfred Adler, Carl Jung, Karen Horney, Abraham Maslow, Carl Rogers, Gordan Allport, Raymond Catell, Hans Eysenck, Martin Seligman, Carl Rogers, Sigmund Freud, Albert Ellis, Aaron Beck, Fritz Pearls.

Describe the various theories of personality.

Evaluate the influence of culture, family, and genetics on personality development.

Compare the reliability and validity of objective and projective personality tests.

Describe the characteristics commonly measured by personality tests.

Define the different types of anxiety and mood disorders.

Describe the symptoms and causes personality and psychotic disorders.

Describe the symptoms and causes of dissociative disorders.

Describe the different types of personality disorders.

Describe the psychotherapies of psychoanalysis, behavioral therapy, cognitive therapy and humanistic therapy.

Describe the biomedical therapies.

Discuss the use and effectiveness of electroconvulsive therapy

#### Assessments

Entrance/Exit pass Formative: Other Evidence: Written: Narrative Entrance/Exit pass

Journaling Formative: Other Evidence: Written: Journal/ Diary Journaling

Peer evaluation

Formative: Other Evidence: Other: Peer Assessment Peer evaluation

Debate Formative: Other Evidence: Oral: Debate Teacher monitored debate: Are I.Q. tests useful?

Test/Quizzes Summative: Transfer Tasks: Test: Common Test/Quizzes

Case Study Summative: Transfer Tasks: Other: Student Portfolio Conduct a case study comparing the personality traits of two different people.

Critique Summative: Transfer Tasks: Written: Informative Write a critique of a particular personality theory indicating strengths and weaknesses.

Outline Summative: Transfer Tasks: Project: Visual Arts Draw an outline of yourself indicate your own personality traits within it.

Essay Summative: Transfer Tasks: Written: Persuasive Essay Write an essay discussing the pros and cons of intelligence testing.

#### Standards

SCI.9-12.IV.4	Psychological Disorders
SCI.9-12.IV.4.1	Perspectives on abnormal behavior
SCI.9-12.IV.4.1.1	Define psychologically abnormal behavior
SCI.9-12.IV.4.1.2	Describe historical and cross-cultural views of abnormality
SCI.9-12.IV.4.1.3	Describe major models of abnormality
SCI.9-12.IV.4.1.4	Discuss how stigma relates to abnormal behavior
SCI.9-12.IV.4.1.5	Discuss the impact of psychological disorders on the individual, family, and society
SCI.9-12.IV.4.2	Categories of psychological disorders
SCI.9-12.IV.4.2.1	Describe the classification of psychological disorders
SCI.9-12.IV.4.2.2	Discuss the challenges associated with diagnosis
SCI.9-12.IV.4.2.3	Describe symptoms and causes of major categories of psychological disorders (including schizophrenic, mood, anxiety, and personality disorders)
SCI.9-12.IV.4.2.4	Evaluate how different factors influence an individual's experience of psychological disorders
SCI.9-12.APS.1	Treatment of Psychological Disorders

SCI.9-12.APS.1.1	Perspectives on treatment
SCI.9-12.APS.1.1.1	Explain how psychological treatments have changed over time and among cultures
SCI.9-12.APS.1.1.2	Match methods of treatment to psychological perspectives
SCI.9-12.APS.1.1.3	Explain why psychologists use a variety of treatment options