

# Unit 3: Personality, Psychological Disorders and Treatment

Content Area: **Social Studies**  
Course(s): **Psychology**  
Time Period: **November**  
Length: **10 blocks**  
Status: **Published**

## Transfer

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Personality, Psychological Disorders and Treatment: What makes us who we are and why we are?

## Enduring Understandings

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Personality consists of enduring attributes that are representative of one's behavior.

Psychologists have attempted to determine the effect of heredity and environment on personality.

Attempts to understand why people behave abnormally have led to examining behavior from a variety of perspectives or viewpoints.

The purpose of therapy is to help people overcome psychological problems.

## Essential Questions

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What is personality?

How might personality tests be used to diagnose mental disorders?

How do we define what is normal or abnormal?

How can therapy help a person to function in a healthier way?

## **Content**

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### Vocabulary

Personality, , Id, Ego, Super Ego, Defense Mechanisms, Psychosexual Stages, Trait, Big Five Theory, Trait Theory, Self-Concept, Projective Tests, Rorschach Test, Mental Illness, Psychotherapy, Psychoanalysis, Behavioral Therapy, Biomedical Therapy

## **Resources**

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### *Introduction to Psychology*

Google Slides

Google Docs

Chromebooks

NewsEla

Selected Articles

Video Clips

Graphic Organizers

Review Guide

## **Important People**

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### People

Sigmund Freud, Alfred Adler, Carl Jung, Karen Horney, Abraham Maslow, Carl Rogers, Gordon Allport, Raymond Catell, Hans Eysenck, Martin Seligman, Carl Rogers, Sigmund Freud, Albert Ellis, Aaron Beck, Fritz Pearls.

## **Skills**

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Describe the various theories of personality.

Evaluate the influence of culture, family, and genetics on personality development.

Compare the reliability and validity of objective and projective personality tests.

Describe the characteristics commonly measured by personality tests.

Define the different types of anxiety and mood disorders.

Describe the symptoms and causes personality and psychotic disorders.

Describe the symptoms and causes of dissociative disorders.

Describe the different types of personality disorders.

Describe the psychotherapies of psychoanalysis, behavioral therapy, cognitive therapy and humanistic therapy.

Describe the biomedical therapies.

Discuss the use and effectiveness of electroconvulsive therapy

## **Assessments**

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Entrance/Exit pass

Formative: Other Evidence: Written: Narrative

Entrance/Exit pass

Journaling

Formative: Other Evidence: Written: Journal/ Diary

Journaling

Peer evaluation

Formative: Other Evidence: Other: Peer Assessment  
Peer evaluation

#### Debate

Formative: Other Evidence: Oral: Debate  
Teacher monitored debate: Are I.Q. tests useful?

#### Test/Quizzes

Summative: Transfer Tasks: Test: Common  
Test/Quizzes

#### Case Study

Summative: Transfer Tasks: Other: Student Portfolio  
Conduct a case study comparing the personality traits of two different people.

#### Critique

Summative: Transfer Tasks: Written: Informative  
Write a critique of a particular personality theory indicating strengths and weaknesses.

#### Outline

Summative: Transfer Tasks: Project: Visual Arts  
Draw an outline of yourself indicate your own personality traits within it.

#### Essay

Summative: Transfer Tasks: Written: Persuasive Essay  
Write an essay discussing the pros and cons of intelligence testing.

## Standards

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SCI.9-12.IV.4	Psychological Disorders
SCI.9-12.IV.4.1	Perspectives on abnormal behavior
SCI.9-12.IV.4.1.1	Define psychologically abnormal behavior
SCI.9-12.IV.4.1.2	Describe historical and cross-cultural views of abnormality
SCI.9-12.IV.4.1.3	Describe major models of abnormality
SCI.9-12.IV.4.1.4	Discuss how stigma relates to abnormal behavior
SCI.9-12.IV.4.1.5	Discuss the impact of psychological disorders on the individual, family, and society
SCI.9-12.IV.4.2	Categories of psychological disorders
SCI.9-12.IV.4.2.1	Describe the classification of psychological disorders
SCI.9-12.IV.4.2.2	Discuss the challenges associated with diagnosis
SCI.9-12.IV.4.2.3	Describe symptoms and causes of major categories of psychological disorders (including schizophrenic, mood, anxiety, and personality disorders)
SCI.9-12.IV.4.2.4	Evaluate how different factors influence an individual's experience of psychological disorders
SCI.9-12.APS.1	Treatment of Psychological Disorders

SCI.9-12.APS.1.1

Perspectives on treatment

SCI.9-12.APS.1.1.1

Explain how psychological treatments have changed over time and among cultures

SCI.9-12.APS.1.1.2

Match methods of treatment to psychological perspectives

SCI.9-12.APS.1.1.3

Explain why psychologists use a variety of treatment options