Health Unit 2 Disease Conditions

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **December**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

A disease is any condition that effects how the body works normally.

Diseases are either communicable (able to be spread) or non-communicable (unable to spread).

The three dimensions of wellness are physical, social and emotional.

Essential Questions

Can a disease be cured?

When will I know if a health related situation requires the help of others in the decision making process?

What disease prevention strategies can I use at home?

Skills

Describe the physical, social, and emotional dimensions of wellness.

Identity diseases and health conditions.

Explain that some diseases and health conditions are preventable and some are not.

Describe the signs and symptoms of diseases and health conditions common in children.

Standards

HPE.2.1.6.C	Diseases and Health Conditions
HPE.2.1.6.C.1	Summarize means of detecting and treating diseases and health conditions that are prevalent in adolescents.
HPE.2.2.6.B	Decision-Making and Goal Setting
HPE.2.2.6.B.1	Use effective decision-making strategies.
HPE.2.2.6.B.2	Predict how the outcome(s) of a health-related decision may differ if an alternative decision is made by self or others.
HPE.2.2.6.B.3	Determine how conflicting interests may influence one's decisions.
HPE.2.2.6.B.4	Apply personal health data and information to support achievement of one's short- and long-term health goals.
HPE.2.2.6.B.CS1	Every health-related decision has short- and long-term consequences and affects the ability to reach health goals.

Assessments

Formative: Other Evidence:Other: Teacher Observation
Disease Prevention Quiz
Summative: Transfer Tasks: Other: Quiz