Unit 7 Recreational Activities

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **June**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Recreational activities can be played with or without a team.

Recreational activities can be competitive or non competitive.

Recreational activities will be played often outside of the Physical Education classroom.

Essential Questions

Where will I be able to participate in recreational activities outside of the P.E. setting?

What gross motor skills do I need to use to participate in these activities?

How can my learned problem solving skills help me play recreational games?

How will my level of fitness affect my performance in these activities?

Skills

Performance of various motor skills.

Rules and strategy

Problem solving skills

Participation in various recreational activities

Standards

HPE.2.5.6	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.6.A	Movement Skills and Concepts
HPE.2.5.6.A.1	Explain and perform movement skills that combine mechanically correct movement in smooth flowing sequences in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.6.A.2	Explain concepts of force and motion and demonstrate control while modifying force, flow, time, space, and relationships in interactive dynamic environments.
HPE.2.5.6.A.CS1	Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.
HPE.2.5.6.B	Strategy
HPE.2.5.6.B.1	Demonstrate the use of offensive, defensive, and cooperative strategies in individual, dual, team and group activities.
HPE.2.5.6.B.2	Compare and contrast strategies used to impact individual, team and group effectiveness and make modifications for improvement.
HPE.2.5.6.C	Sportsmanship, Rules, and Safety
HPE.2.5.6.C.1	Compare the roles and responsibilities of players and observers and recommend strategies to enhance sportsmanship-like behavior.
HPE.2.5.6.C.CS1	Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.

Assessments

Performance in recreational activity
Formative: Other Evidence:Other: Teacher Observation