Unit 5 Team Sports

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **April**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Team sports require the application of multiple physical, social and emotional skills.

Team sports reinforce competitive play.

Teamwork is necessary for success

Body control and form are necessary for success when performing skills, especially in a game setting.

Strategy is essential to team sports play.

Essential Questions

What role will I choose to play for the team?

What are my strengths both physically and socially and how will I use them to help the team?

How will my form impact my game performance?

How will strategy and problem solving skills help the team win?

Skills

Performance of various gross motor skills.

Developing strategies within a competitive game setting.

Playing according to the rules.

Standards

HPE.2.5.6	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.6.A	Movement Skills and Concepts
HPE.2.5.6.A.1	Explain and perform movement skills that combine mechanically correct movement in smooth flowing sequences in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.6.A.2	Explain concepts of force and motion and demonstrate control while modifying force, flow, time, space, and relationships in interactive dynamic environments.
HPE.2.5.6.B	Strategy
HPE.2.5.6.B.1	Demonstrate the use of offensive, defensive, and cooperative strategies in individual, dual, team and group activities.
HPE.2.5.6.B.2	Compare and contrast strategies used to impact individual, team and group effectiveness and make modifications for improvement.
HPE.2.5.6.C	Sportsmanship, Rules, and Safety
HPE.2.5.6.C.2	Apply rules and procedures for specific games, sports, and other competitive activities and describe how they enhance participation and safety.

Assessments

Application of strategy and problem solving skills
Formative: Other Evidence:Other: Teacher Observation