Health Unit 4 Drugs and Medicine

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **February**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Drugs are substances other than food that can change how the mind or body works.

Over-the-counter medicine can be found in most pharmacies and purchased with our prescription.

Drug misuse is done accidental.

Drug abuse is done on purpose.

Essential Questions

What is the difference between over-the-counter and prescription medicines?

What is the difference between drug abuse and drug misuse?

Why it is illegal to use or possess certain drugs/substances and the possible consequences?

What are the short- and long-term physical effects of all types of tobacco use?

What are the short- and long-term physical and behavioral effects of alcohol use and abuse?

What are the short- and long- term physical effects of inhaling certain substances?

What are some signs that a person might have an alcohol, tobacco, and/or drug use problem?

How does advertising, peer pressure, and home environment influence children and teenagers to experiment with alcohol, tobacco, and other drugs?

Content

Textbook:

Health & Wellness. Macmillan/McGraw Hill. 2008 Grade 4

Skills

Differentiate among drug use, abuse, and misuse.

Identify the short- and long-term physical and behavioral effects of drug abuse

Explain why it is illegal to use or possess certain drugs/substances

Identify commonly used medicines and discuss why they are used.

Discuss the importance of taking medicines as ordered, not sharing medicines with others, and reporting any side effects to a trusted adult.

Identify specific environments where second-hand/passive smoke may impact the wellness of nonsmokers.

Summarize the short- and long-term physical and behavioral effects of alcohol use and abuse.

Identify the short- and long- term physical effects of inhaling certain substances.

Identify signs that a person might have an alcohol, tobacco, and/or drug use problem.

Differentiate between drug use, abuse, and misuse.

Standards

HPE.2.3.4.A.1	Distinguish between over-the-counter and prescription medicines.
HPE.2.3.4.A.2	Determine possible side effects of common types of medicines.
HPE.2.3.4.A.CS1	Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements), are used for numerous reasons, and should be taken as directed in order to be safe and effective.
HPE.2.3.4.B.1	Explain why it is illegal to use or possess certain drugs/substances and the possible consequences.
HPE.2.3.4.B.2	Compare the short- and long-term physical effects of all types of tobacco use.
HPE.2.3.4.B.3	Identify specific environments where second-hand/passive smoke may impact the wellness of nonsmokers.
HPE.2.3.4.B.4	Summarize the short- and long-term physical and behavioral effects of alcohol use and abuse.
HPE.2.3.4.B.5	Identify the short- and long- term physical effects of inhaling certain substances.
HPE.2.3.4.B.CS1	Use of drugs in unsafe ways is dangerous and harmful.
HPE.2.3.4.C.1	Identify signs that a person might have an alcohol, tobacco, and/or drug use problem.
HPE.2.3.4.C.2	Differentiate between drug use, abuse, and misuse.
HPE.2.3.4.C.3	Determine how advertising, peer pressure, and home environment influence children and teenagers to experiment with alcohol, tobacco, and other drugs.
HPE.2.3.4.C.CS1	Substance abuse is caused by a variety of factors.

Assessments

Formative: Other Evidence:Oral: Discussion
Proper uses of medicine quiz
Summative: Transfer Tasks: Other: Quiz