Health Unit 2 Wellness Disease Conditions

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **December**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

A disease is any condition that effects how the body works normally.

Diseases are either communicable (able to be spread) or non-communicable (unable to spread).

The three dimensions of wellness are physical, social and emotional.

Essential Questions

Can a disease be cured?

When will I know if a health related situation requires the help of others in the decision making process?

What disease prevention strategies can I use at home?

Skills

Describe the physical, social, and emotional dimensions of wellness.

Identity diseases and health conditions.

Explain that some diseases and health conditions are preventable and some are not.

Describe the signs and symptoms of diseases and health conditions common in children.

Standards

HPE.2.1.4	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.4.C	Diseases and Health Conditions
HPE.2.1.4.C.1	Explain how most diseases and health conditions are preventable.
HPE.2.1.4.C.2	Justify how the use of universal precautions, sanitation and waste disposal, proper food handling and storage, and environmental controls prevent diseases and health conditions.
HPE.2.2.4	All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.
HPE.2.2.4.B	Decision-Making and Goal Setting
HPE.2.2.4.B.1	Use the decision-making process when addressing health-related issues.
HPE.2.2.4.B.2	Differentiate between situations when a health-related should be made independently or with the help of others.

Assessments

Formative: Other Evidence:Other: Teacher Observation
Disease Prevention Quiz
Summative: Transfer Tasks: Other: Quiz