Unit 7 Recreational Activities

Content Area: Course(s): Time Period: Length: Status:	Physical Education and Health Physical Education/Health June 3 weeks Published	
Enduring Understandings		
	activities can be played with or without a team.	
Recreational	activities can be competitive or non competitive.	
Recreational	activities will be played often outside of the Physical Education classroom.	
Essential (Questions be able to participate in recreational activities outside of the P.E. setting?	
	notor skills do I need to use to participate in these activities?	
-	learned problem solving skills help me play recreational games?	
·	v level of fitness affect my performance in these activities?	
	rever of fitness affect my performance in these activities?	
Skills Performance	of various motor skills.	
Rules and str	rategy	
Problem solv	ving skills	

Participation in various recreational activities

Standards

HPE.2.5.4	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.4.A	Movement Skills and Concepts
HPE.2.5.4.A.1	Explain and perform essential elements of movement skills in both isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.4.A.2	Use body management skills and demonstrate control when moving in relation to others, objects, and boundaries in personal and general space.
HPE.2.5.4.B	Strategy
HPE.2.5.4.B.1	Explain and demonstrate the use of basic offensive and defensive strategies (e.g., player positioning, faking, dodging, creating open areas, and defending space).
HPE.2.5.4.B.2	Acknowledge the contributions of team members and choose appropriate ways to motivate and celebrate accomplishments.
HPE.2.5.4.C	Sportsmanship, Rules, and Safety
HPE.2.5.4.C.2	Apply specific rules and procedures during physical activity and explain how they contribute to a safe active environment.

Assessments

Performance in recreational activity
Formative: Other Evidence:Other: Teacher Observation