Health Unit 4 Drugs and Medicine

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **February**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Drug use, misuse and abuse are all forms of using drugs.

Over-the-Counter or OTC drugs can treat less serious diseases.

Taking medicines that are not prescribed to you can be dangerous.

Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements).

Medicines are used for numerous reasons, and should be taken as directed in order to be safe and effective.

Use of drugs in unsafe ways is dangerous and harmful.

Substance abuse is caused by a variety of factors.

Essential Questions

What kinds of medicines treat serious illnesses?

How can misuse/abuse of drugs harm your body?

Why do I need a prescription if there are OTC drugs?

What are the differences between OTC and prescription drugs?

What are somje possible side effects of common types of medicines?

Why it is illegal to use or possess certain drugs/substances and the possible consequences?

What are the short- and long-term physical effects of all types of tobacco use?

What are the short- and long-term physical and behavioral effects of alcohol use and abuse?

What are the short- and long- term physical effects of inhaling certain substances?

What are some signs that a person might have an alcohol, tobacco, and/or drug use problem?

How does advertising, peer pressure, and home environment influence children and teenagers to experiment with alcohol, tobacco, and other drugs?

Content

Textbook:

Health & Wellness. Macmillan/McGraw Hill. 2008 Grade 3

Skills

Distinguish between over-the-counter and prescription medicines.

Determine possible side effects of common types of medicines.

Explain why it is illegal to use or possess certain drugs/substances and the possible consequences.

Compare the short- and long-term physical effects of all types of tobacco use.

Identify specific environments where second-hand/passive smoke may impact the wellness of nonsmokers.

Summarize the short- and long-term physical and behavioral effects of alcohol use and abuse.

Identify the short- and long- term physical effects of inhaling certain substances.

Identify signs that a person might have an alcohol, tobacco, and/or drug use problem.

Differentiate between drug use, abuse, and misuse.

Determine how advertising, peer pressure, and home environment influence children and teenagers to experiment with alcohol, tobacco, and other drugs

Standards

HPE.2.3.4.A.1	Distinguish between over-the-counter and prescription medicines.
HPE.2.3.4.A.2	Determine possible side effects of common types of medicines.
HPE.2.3.4.A.CS1	Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements), are used for numerous reasons, and should be taken as directed in order to be safe and effective.
HPE.2.3.4.B.1	Explain why it is illegal to use or possess certain drugs/substances and the possible consequences.
HPE.2.3.4.B.2	Compare the short- and long-term physical effects of all types of tobacco use.
HPE.2.3.4.B.3	Identify specific environments where second-hand/passive smoke may impact the wellness of nonsmokers.
HPE.2.3.4.B.4	Summarize the short- and long-term physical and behavioral effects of alcohol use and abuse.
HPE.2.3.4.B.5	Identify the short- and long- term physical effects of inhaling certain substances.
HPE.2.3.4.B.CS1	Use of drugs in unsafe ways is dangerous and harmful.
HPE.2.3.4.C.1	Identify signs that a person might have an alcohol, tobacco, and/or drug use problem.
HPE.2.3.4.C.2	Differentiate between drug use, abuse, and misuse.
HPE.2.3.4.C.3	Determine how advertising, peer pressure, and home environment influence children and teenagers to experiment with alcohol, tobacco, and other drugs.
HPE.2.3.4.C.CS1	Substance abuse is caused by a variety of factors.

Assessments

Formative: Other Evidence:Oral: Discussion
Drug Awareness Quiz
Summative: Transfer Tasks:Other: Quiz