Health Unit 2 Wellness Disease Conditions

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **December**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Germs are tiny particles that cause most diseases to spread.

Preventing the spread of disease starts with personal hygiene, primarily hand washing.

The immune system is the bodies' way of defending itself against disease

Essential Questions

What does my immune system do?

Can diseases be spread communicably?

Are all diseases spread by germs? Are all germs alike?

Skills

Identify the role of the immune system and its components

Differentiate between different types of diseases and their symptoms

Identify ways to prevent the spread of disease

Standards

HPE.2.1.2.C.1	Summarize symptoms of common diseases and health conditions.
HPE.2.1.2.C.2	Summarize strategies to prevent the spread of common diseases and health conditions.
HPE.2.1.4	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.4.C	Diseases and Health Conditions
HPE.2.1.4.C.1	Explain how most diseases and health conditions are preventable.

Assessments

Formative: Other Evidence:Oral: Discussion

Summative: Transfer Tasks:Other: Quiz

Disease prevention quiz