Unit 7 Recreational Activities

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **June**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Recreational activities can be played with or without a team.

Recreational activities can be competitive or non competitive.

Recreational activities will be played often outside of the Physical Education classroom.

Essential Questions

Where will I be able to participate in recreational activities outside of the P.E. setting?

What gross motor skills do I need to use to participate in these activities?

How can my learned problem solving skills help me play recreational games?

How will my level of fitness affect my performance in these activities?

Skills

Performance of various motor skills.

Rules and strategy

Problem solving skills

Participation in various recreational activities

Standards

HPE.2.5.4	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.4.A	Movement Skills and Concepts
HPE.2.5.4.A.1	Explain and perform essential elements of movement skills in both isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.4.A.2	Use body management skills and demonstrate control when moving in relation to others, objects, and boundaries in personal and general space.
HPE.2.5.4.B	Strategy
HPE.2.5.4.B.1	Explain and demonstrate the use of basic offensive and defensive strategies (e.g., player positioning, faking, dodging, creating open areas, and defending space).
HPE.2.5.4.B.2	Acknowledge the contributions of team members and choose appropriate ways to motivate and celebrate accomplishments.
HPE.2.5.4.C	Sportsmanship, Rules, and Safety
HPE.2.5.4.C.2	Apply specific rules and procedures during physical activity and explain how they contribute to a safe active environment.

Assessments

Performance in recreational activity
Formative: Other Evidence:Other: Teacher Observation