Unit 5 Team Sports

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **April**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Team sports require the application of multiple physical, social and emotional skills.

Team sports reinforce competitive play.

Teamwork is necessary for success

Body control and form are necessary for success when performing skills, especially in a game setting.

Strategy is essential to team sports play.

Essential Questions

What role will I choose to play for the team?

What are my strengths both physically and socially and how will I use them to help the team?

How will my form impact my game performance?

How will strategy and problem solving skills help the team win?

Skills

Performance of various gross motor skills.

Developing strategies within a competitive game setting.

Playing according to the rules.

Standards

HPE.2.5.4	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.4.A	Movement Skills and Concepts
HPE.2.5.4.A.1	Explain and perform essential elements of movement skills in both isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.4.A.2	Use body management skills and demonstrate control when moving in relation to others, objects, and boundaries in personal and general space.
HPE.2.5.4.B	Strategy
HPE.2.5.4.B.1	Explain and demonstrate the use of basic offensive and defensive strategies (e.g., player positioning, faking, dodging, creating open areas, and defending space).
HPE.2.5.4.B.2	Acknowledge the contributions of team members and choose appropriate ways to motivate and celebrate accomplishments.
HPE.2.5.4.C	Sportsmanship, Rules, and Safety
HPE.2.5.4.C.2	Apply specific rules and procedures during physical activity and explain how they contribute to a safe active environment.

Assessments

Application of strategy and problem solving skills
Formative: Other Evidence:Other: Teacher Observation