

# Health Unit 5 Drugs and Medicine

Content Area: **Physical Education and Health**  
Course(s): **Painting, Physical Education/Health**  
Time Period: **April**  
Length: **3 weeks**  
Status: **Published**

## **Enduring Understandings**

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Medicines are drugs you take to make you feel better when you are sick.

Medicines can have side effects.

Medicines can be prescribed by a Dr. or purchased OTC.

Medicines come in various forms, must be taken according to their label, and stored safely.

Use of drugs in unsafe ways is dangerous and harmful.

Substance abuse is caused by a variety of factors.

There are many ways to obtain help for treatment of alcohol, tobacco, and other substance abuse problems.

## **Essential Questions**

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What is an example of a side effect of a medicine?

Why do some medicines have to be prescribed by a Dr. and some purchased OTC

Are certain forms of medicines more effective than others?

Why should medicines be administered as directed?

In what ways that drugs can be abused?

What are the effects of tobacco use on personal hygiene, health, and safety?

Why is tobacco smoke is harmful to nonsmokers?

What products contain alcohol?

What are some substances that should never be inhaled and explain why?

What happens when some people may have difficulty controlling their use of alcohol, tobacco, and other drugs?

What are ways that people who abuse alcohol, tobacco, and other drugs can get help?

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## **Content**

Textbook:

*Health & Wellness*. Macmillan/McGraw Hill. 2008 Grade 2

## Medication Safety

✖ <http://www.safekids.org/safety-basics/safety-guide/medication-safety-guide/>

## Medication Safety for Children - Pfizer

✖ [http://www.pfizer.com/files/health/medicine\\_safety/4-5\\_Med\\_Safety\\_for\\_Children.pdf](http://www.pfizer.com/files/health/medicine_safety/4-5_Med_Safety_for_Children.pdf)

## **Skills**

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Recognize that medicines come in different forms.

Be aware of the proper guidelines to taking medications.

Identify ways that drugs can be abused.

Explain effects of tobacco use on personal hygiene, health, and safety.

Explain why tobacco smoke is harmful to nonsmokers.

Identify products that contain alcohol.

List substances that should never be inhaled and explain why.

Recognize that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.

Explain that people who abuse alcohol, tobacco, and other drugs can get help.

## Standards

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HPE.2.3.2.A.1	Explain what medicines are and when some types of medicines are used.
HPE.2.3.2.A.2	Explain why medicines should be administered as directed.
HPE.2.3.2.A.CS1	Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements), are used for numerous reasons, and should be taken as directed in order to be safe and effective.
HPE.2.3.2.B.1	Identify ways that drugs can be abused.
HPE.2.3.2.B.2	Explain effects of tobacco use on personal hygiene, health, and safety.
HPE.2.3.2.B.3	Explain why tobacco smoke is harmful to nonsmokers.
HPE.2.3.2.B.4	Identify products that contain alcohol.
HPE.2.3.2.B.5	List substances that should never be inhaled and explain why.
HPE.2.3.2.B.CS1	Use of drugs in unsafe ways is dangerous and harmful.
HPE.2.3.2.C.1	Recognize that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.
HPE.2.3.2.C.2	Explain that people who abuse alcohol, tobacco, and other drugs can get help.
HPE.2.3.2.C.CS1	Substance abuse is caused by a variety of factors.
HPE.2.3.2.C.CS2	There are many ways to obtain help for treatment of alcohol, tobacco, and other substance abuse problems.

## Assessments

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Formative: Other Evidence:Oral: Discussion

Proper use of medicines

Summative: Transfer Tasks:Other: Quiz