Health Unit 3 Wellness Disease Condition

Content Area: **Physical Education and Health**
Course(s): **Painting, Physical Education/Health**
Time Period: **February**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

An emergency is a situation in which an adult needs to assist you either in person or through calling 9-1-1

First aid is a response to an injury.

Being educated on what everyone's role is in an emergency will help the situation stay calm.

Essential Questions

What are examples of emergency situations that require the help of an adult?

How do I know what to do in the event of an emergency at school, home, or in public places?

Skills

Describe situations in which first aid needs to be administered.

Create an emergency plan for safety and first aid at school, home, and public places.

List the steps in responding to an emergency situation or a situation that requires first aid.

Role-play emergency situations.

Standards

HPE.2.1.2	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.2.C	Diseases and Health Conditions
HPE.2.1.2.C.1	Summarize symptoms of common diseases and health conditions.
HPE.2.1.2.C.2	Summarize strategies to prevent the spread of common diseases and health conditions.

Assessments

Formative: Other Evidence:Oral: Discussion
Disease and Wellness Quiz
Summative: Transfer Tasks:Other: Quiz