Health Unit 2 Wellness First Aid

Content Area: **Physical Education and Health**
Course(s): **Painting, Physical Education/Health**
Time Period: **December**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

An emergency is a situation in which an adult needs to assist you either in person or through calling 9-1-1

First aid is a response to an injury.

Being educated on what everyone's role is in an emergency will help the situation stay calm.

Essential Questions

What are examples of emergency situations that require the help of an adult?

How do I know what to do in the event of an emergency at school, home, or in public places?

Skills

Describe situations in which first aid needs to be administered.

Create an emergency plan for safety and first aid at school, home, and public places.

List the steps in responding to an emergency situation or a situation that requires first aid.

Role-play emergency situations.

Standards

HPE.2.1.2	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.2.D	Safety
HPE.2.1.2.D.1	Identify ways to prevent injuries at home, school, and in the community (e.g., fire safety, poison safety, accident prevention).
HPE.2.1.2.D.3	Identify procedures associated with pedestrian, bicycle, and traffic safety.
HPE.2.1.2.D.CS1	Using personal safety strategies reduces the number of injuries to self and others.
HPE.2.1.P.D	Safety
HPE.2.1.P.D.3	Identify community helpers who assist in maintaining a safe environment.
HPE.2.1.P.D.4	Know how to dial 911 for help.

Assessments

Formative: Other Evidence:Other: Teacher Observation

Summative: Transfer Tasks:Other: Quiz

First Aid quiz