Health Unit 1 Wellness and Safety

Content Area: **Physical Education and Health**
Course(s): **Painting, Physical Education/Health**
Time Period: **November**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Making wise decisions can help you stay safe when situations present multiple outcomes such as, but not limited to: indoor, outdoor safety, bicycle safety, stranger danger, environmental/weather changes.

Safety rules are given to us for very important reasons and should be followed to avoid potentially unsafe situations

Essential Questions

How can decision making affect the outcome of safety situations (indoor, outdoor safety, bicycle safety, stranger danger, environmental/weather changes) when I make the safe choice vs. an unsafe choice

What would society look like if there were no safety laws?

What do I do if a friend is not following safety rules?

Skills

Demonstrate understanding of how decision making directly affects students' life.

Identify how to make a decision based on safety in various situations.

Identify how to assess a situation to see if it is safe or not.

Standards

HPE.2.1.2	All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.
HPE.2.1.2.D	Safety
HPE.2.1.2.D.1	Identify ways to prevent injuries at home, school, and in the community (e.g., fire safety, poison safety, accident prevention).
HPE.2.1.2.D.2	Differentiate among the characteristics of strangers, acquaintances, and trusted adults and describe safe and appropriate behaviors/touches.
HPE.2.1.2.D.3	Identify procedures associated with pedestrian, bicycle, and traffic safety.

Assessments

Formative: Other Evidence:Other: Teacher Observation
Safety Quiz
Summative: Transfer Tasks:Other: Quiz