Unit 7 Recreational Activities

Content Area: **Physical Education and Health**
Course(s): **Painting, Physical Education/Health**
Time Period: **May**
Length: **4 weeks**
Status: **Published**

Enduring Understandings

Recreational activities reinforce the important of fitness participants lives.

Recreational activities can be competitive or non competitive.

Recreational sports will be played often outside of the physical education classroom.

Essential Questions

Where will I be able to participate in recreational activities outside of the physical education setting?

How can my learned problem solving skills help me play recreational games?

What gross motor skills do I need to use to participate in these activities?

Skills

Evidence of loco motor skill movements through recreational activities.

Evidence of gross motor skill movements through recreational activities.

Application of the various skills within a game or activity setting.

Apply previous learned strategies to recreational games.

Transfer of skills between activities.

Standards

HPE.2.5.2	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.2.A	Movement Skills and Concepts
HPE.2.5.2.A.1	Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.2.A.2	Demonstrate changes in time, force, and flow while moving in personal and general space at different levels, directions, ranges, and pathways.

Assessments

Performance in recreational activity
Formative: Other Evidence:Other: Teacher Observation