Unit 6 Gross Motor Development

Content Area: **Physical Education and Health**
Course(s): **Painting, Physical Education/Health**
Time Period: **April**
Length: **3 weeks**
Status: **Published**

Enduring Understandings

Gross motor activities can be performed in many different activities and sports.

Gross motor skills require practice in order to be mastered.

Gross motor skill development is a lifelong task.

Essential Questions

Why is gross motor skill development so important in my overall skill development?

What activities reinforce the use of gross motor skills?

Skills

Demonstrate coordination in gross and fine motor tasks using balance, strength, and coordination.

Application of the various skills within a game or activity setting.

Transfer of skills between activities.

Standards

HPE.2.5.2	All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.
HPE.2.5.2.A	Movement Skills and Concepts
HPE.2.5.2.A.1	Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HPE.2.5.2.A.2	Demonstrate changes in time, force, and flow while moving in personal and general space at different levels, directions, ranges, and pathways.

Assessments

Gross & fine motor activity

Formative: Other Evidence:Other: Teacher Observation