Health Unit 4 Drugs and Medicine

Content Area: **Physical Education and Health**
Course(s): **Physical Education/Health**
Time Period: **March**
Length: **2 weeks**
Status: **Published**

Enduring Understandings

Medicines come in a variety of forms.

Medicines are used for numerous reasons.

Medicines are safe and must be taken with adult supervision.

Medicines must be taken only as directed by the doctor.

Prescriptions are written from doctors.

Use of drugs in unsafe ways is dangerous and harmful.

Substance abuse is caused by a variety of factors.

There are many ways to obtain help for treatment of alcohol, tobacco, and other substance abuse problems.

Essential Questions

What are medicines and when some types of medicines are used?

Why should medicines be administered as directed?

In what ways that drugs can be abused?

What are the effects of tobacco use on personal hygiene, health, and safety?

Why is tobacco smoke is harmful to nonsmokers?

What products contain alcohol?

What are some substances that should never be inhaled and explain why?

What happens when some people may have difficulty controlling their use of alcohol, tobacco, and other drugs?

What are ways that people who abuse alcohol, tobacco, and other drugs can get help?

Content

Teacher Resources:

Textbook:

Health & Wellness. Macmillan/McGraw Hill. 2008 Grade 1

Medication Safety

http://www.safekids.org/safety-basics/safety-guide/medication-safety-guide/

Medication Safety for Children - Pfizer

http://www.pfizer.com/files/health/medicine_safety/4-5_Med_Safety_for_Children.pdf

Skills

Recognize that medicines come in different forms.

Be aware of the proper guidelines to taking medications.

Identify ways that drugs can be abused.

Explain effects of tobacco use on personal hygiene, health, and safety.

Explain why tobacco smoke is harmful to nonsmokers.

Identify products that contain alcohol.

List substances that should never be inhaled and explain why.

Recognize that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.

Explain that people who abuse alcohol, tobacco, and other drugs can get help.

Standards

HPE.2.3.2.A.2	Explain why medicines should be administered as directed.
HPE.2.3.2.A.CS1	Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements), are used for numerous reasons, and should be taken as directed in order to be safe and effective.

HPE.2.3.2.B.1	Identify ways that drugs can be abused.
HPE.2.3.2.B.2	Explain effects of tobacco use on personal hygiene, health, and safety.
HPE.2.3.2.B.3	Explain why tobacco smoke is harmful to nonsmokers.
HPE.2.3.2.B.4	Identify products that contain alcohol.
HPE.2.3.2.B.5	List substances that should never be inhaled and explain why.
HPE.2.3.2.B.CS1	Use of drugs in unsafe ways is dangerous and harmful.
HPE.2.3.2.C.1	Recognize that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.
HPE.2.3.2.C.2	Explain that people who abuse alcohol, tobacco, and other drugs can get help.
HPE.2.3.2.C.CS1	Substance abuse is caused by a variety of factors.
HPE.2.3.2.C.CS2	There are many ways to obtain help for treatment of alcohol, tobacco, and other substance abuse problems.
HPE.2.3.4.A.1	Distinguish between over-the-counter and prescription medicines.

Assessments

Formative: Other Evidence:Oral: Discussion

Name proper usage of medicines.